

AFTER SCHOOL ACTIVITIES

STARTS: Monday 3 December 2018

ENDS: Thursday 7 March 2019

**ONLINE
REGISTRATION**

OPENS: Wednesday 28 Nov
2018 at 8:30am

CLOSES: Friday 30 Nov 2018 at
3:45pm



WELCOME MESSAGE

Welcome to Season 2 of the 2018-19 school year. It's our belief that pursuing a hobby, learning something new or being involved in a club that benefits others in our communities at ICS or in Addis Ababa will reap many benefits to you in return.

Listed in this booklet are the activities available this season. It is feasible that you could do something every day.

However, try to be aware of your other commitments, academic or otherwise; the key is balancing all the things that you are involved in. If you are involved on a sports team, you have committed to a minimum of 3 practices each week already, and that will take precedent.

ATHLETICS SPORTS TEAM PRACTICE DAYS WILL ALWAYS BE:

U12 Volleyball Girls: Mondays and Thursdays

U12 Volleyball Boys: Thursday and (Saturday from 9-10:30am)

U12 Girls/ Boys Cross Country: Thursday after school and Saturday 9-10am

U14 Girls/ Boys Cross Country: Mondays from 3:30 to 4:30pm and Thursdays 3:30 to 5:10pm

U14 Girls Soccer: Monday and Thursday

U14 Boys Soccer: Monday and Thursday

U16 Girls Basketball: Tuesday, Friday and Saturday

U16 Boys Basketball: Tuesday, Friday and Saturday

U19 Girls Basketball: Tuesday, Wednesday, Friday and Saturday

U19 Boys Basketball: Tuesday, Wednesday, Friday and Saturday

U15 Boys Rugby: Tuesday, Wednesday, Friday and Saturday

U19 Girls Rugby: Tuesday, Wednesday, Friday and Saturday

You can quickly see how this can fill your time up. If you are committed to those teams, we expect you to be at practice at all of those days, so plan accordingly.

Other clubs such as MUN, NHS, Student Council, Drama, Art or Music will be scheduled on different days from team sports where possible, so you may find your week is already full with team sports and clubs. Therefore, activities are often for those students who are not playing sports that season, or who are not involved in a year round club. If that is you, we encourage your participation in order to take advantage of these additional opportunities offered.

HOW TO SIGN UP FOR ACTIVITIES

MIDDLE SCHOOL: Students register/sign up during advisory, Wednesday 28 Nov.

Sign up begins at 8:30 AM, click [HERE](#) to sign up.

HIGH SCHOOL: Sign up begins at 8:30 AM on Wednesday 28 Nov. Click [HERE](#) to sign up.

HOW TO SIGN UP FOR ATHLETICS

This is open already. Click [HERE](#) to sign up for athletics.

User name: first name-last name first initial (mick-c) Password: your password is on your ID (4 digits eg.1234)

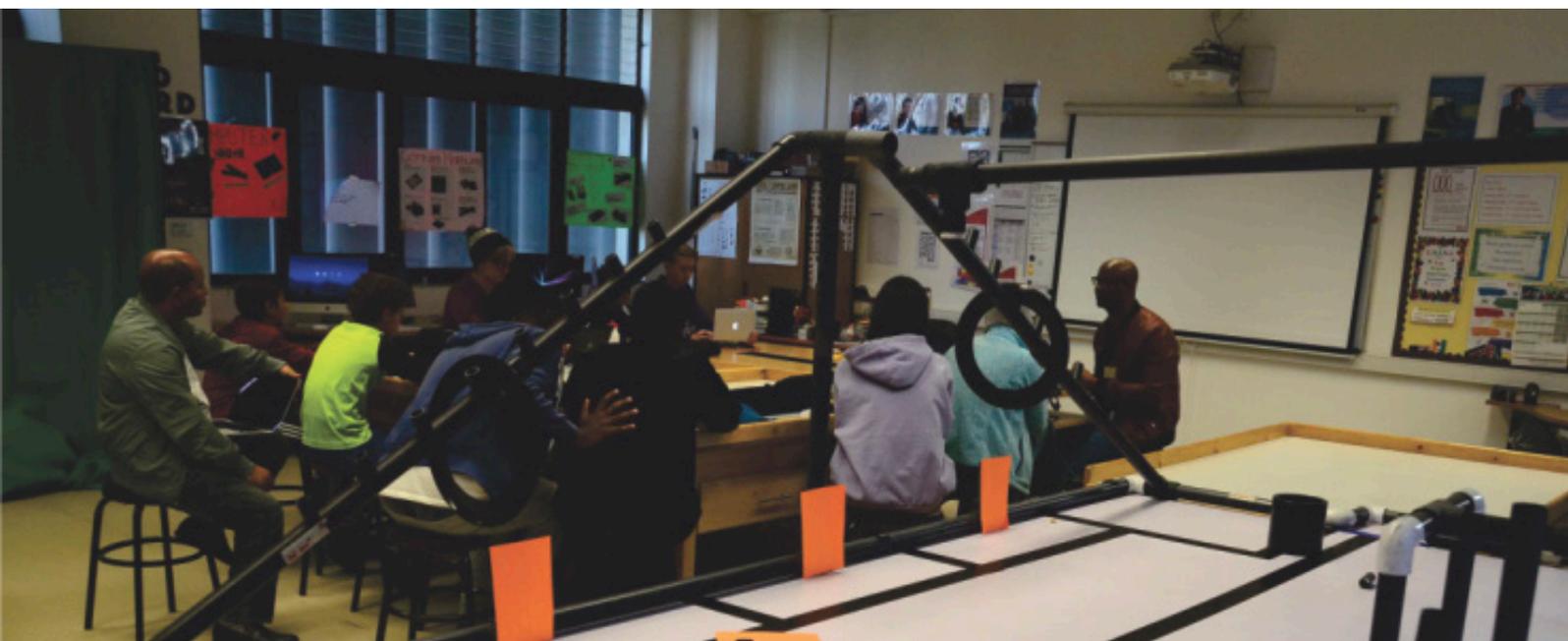
For new students and those who have changed passports, we will need a scanned copy of the picture page also.

Have fun! Get involved in Eagle Activities and Athletics, and see where it can take you.

Mick Cooper and Eyerusalem Nadew (ICS Activities and Athletics)

ASA SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Art Club MS/HS	Table Tennis MS	Sele-Enat orphange HS	HS Ultimate Frisbee HS	Table Tennis MS/HS
ISSEA Drama G7-12	Odyssey of the Mind / Destination Imagination G5-6	Burn Care HS	Math help G9-11	B3- Boys, Books, and Basketball G7-8
TED-debates HS	Strategy games (Chess, Cribbage, Backgammon) MS/HS	Mekdela Soccer HS	Robotics G8-12	High School Yearbook HS
MUN HS	Mathletics! HS		SFS HS	French Conversation Group MS
My Sisters HS	Book Making MS		E-pads G8-12	
Role Playing Game (RPG) MS/HS	Photography MS/HS		The Good Knights HS	
Focus on Service HS	(Art Club) MS/HS		CCC HS	
	ISSEA Drama G7-12			
	Netball MS Girls			



MONDAY

Art club

Greg Giles

Grade : MS/HS
Limit: 15

Art club is an opportunity for open-minded and self-disciplined students to discover their inner creativity and to explore a variety of art media at their own pace.

ISSEA Drama

Joanne King

Grade : G7-12
Limit: 15

ISSEA Drama meets once per week on Mondays or Tuesdays from 3:30-4:30pm to prepare a short dramatic scene for the international Drama and Art trip to Mozambique in February 2019. No experience necessary - just a passion for performance and the arts!

TED-debates

Esme Hancke

Grade : HS
Limit: 20

TED debates is a modification of a normal Ted talk club that involves a debate aspect. In TED debates, sessions will include interesting and controversial debates, as well as lessons on public speaking. If you believe that your ideas need to be shared, or you simply want to learn how to speak better in front of large crowds or groups, this club is for you!

MUN

Sisay Zewde

Grade : HS
Limit: No limit

Model United Nations, also known as Model UN or MUN, is an activity in which students typically roleplay delegates to the United Nations and simulate UN committees.

My Sisters

Kim Shumlansky

Grade : HS
Limit: 15

My Sisters is a service activity that works to raise awareness and money to donate funds for women in Addis Ababa who have difficulty making a living for themselves. These women may have endured hard times in life, which is why My Sisters aims to provide these women with different materials from which they can make products that can then be sold and used to generate a stable income. The club meets every Monday after school in the back of the elementary library

Role Playing Game (RPG)

Roser Noguera

Grade : MS/HS
Limit: 15

RPG (Roll Playing Game) Club is an ASA being offered this year for the second and third season. This is a club where players will assume character roles in a fictional setting as decided by the GM (Game Master) and will depart on a quest. Please note that this is a board game and not a computer game.

Focus on Service

Erik Hathaway

Grade : HS
Limit: 15

Each year ICS hosts an annual walk and run to support our various service learning projects. Last year, this event raised 140,000 Birr. The Focus on service group is instrumental for this event and service learning in two very important ways:

1. Promoting and organizing the walk and run
 2. Facilitating the grant process for service groups to access the funds that have been raised
- Successful participation in this ASA will help you to think critically, communicate, get connected to our community, and offers you the advantage to stand out from the rest on those college apps!

TUESDAY

Table Tennis

Netsanet Abebe

Grade : MS
Limit: 15

Here comes Season 2 ASA Table Tennis for middle school. Please sign up and improve your skill, play with your friends, have fun and compete with others.

Odyssey of The Mind / Destination Imagination

Jay Garvey Shah

Grade : G5-6
Limit: 7

STEM Related Creative Problem Solving. Open ended challenges that will inspire you to be creative, think, collaborate, and solve a problem. Students will team up and choose a challenge. All of the challenges include a scientific/engineering component AND an artistic/dramatic component (options include):

- Design, build, and test load-bearing structures created from specific materials (lightweight structure that can hold hundreds of pounds)
- Create and build a mechanical creature
- Create and build a mobile-vehicle that can be taken apart and reassembled again

Students are encouraged to continue in the ASA for both sessions II and III. Interested students after this year may have the opportunity to continue next year and travel to an Africa Regional Competition.

Strategy games (Chess, Cribbage, Backgammon)

Benjamin Orwin

Grade : MS/HS
Limit: 20

Do you think you're smarter than everyone else? Well, now is your chance to prove it. Join the Strategy Game ASA and see if you have what it takes to master the games of Chess, Backgammon and Cribbage. Don't know anything about those games? Then come and find out! No experience is necessary to join in the fun!

Mathletics!

Rob Maddock

Grade : HS
Limit: 15

If you love problem solving, or just want to get better at solving interesting problems, then come join Mathletics! If you are interested in possibly representing ICS at the ISSEA STEM competition, which takes place this April in Tanzania, then joining this ASA is a great way to try to qualify for the ISSEA team.

Book Making

Abenet Asnake

Grade : MS
Limit: 15

Make books with stories, journals or sketchbooks. Learn creative and fun methods to make your own unique books.

Photography

Neil Dougherty

Grade : MS/HS
Limit: 15

Photography captivates our emotions, our eyes and our imaginations. A single artistic moment lasting fractions of a second can impact us for a lifetime. Join me in exploring the basics of photography—such as exposure, focus, and composition—along with plenty of more advanced techniques and tricks. This activity is appropriate for beginners and experienced photographers—all ability and interest levels are welcome. To participate in this activity, students must have to their own camera, whether a phone, iPad, or actual camera (point-and-shoot, DSLR, mirrorless, etc.).

Art Club

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ISSEA Drama

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Netball

Jill Friend

Grade : MS Girls
Limit: 15

Come, learn and play the game of netball.

WEDNESDAY

Sele-Enat orphanage(2:10 - 4:30)

Eyerusalem Samuel

Grade : HS
Limit: 15

The main goal of Sele-Enat is to help benefit the orphanage in ways that they need through more communication with the managers. The plan for this year will be to only go to the orphanage every other week or once a month. The rest of the meetings will be spent planning fundraisers and organizing any donations that may be needed. It will also include, creating activity books for the older children such as math worksheets, color pages, handwriting, or spelling pages. Changes from last year to ensure that Sele-Enat does not struggle again is to limit the group size as well as to enforce stricter attendance rules to ensure that participants actually work and take the activity seriously.

Burn Care(2:30 - 4:30)

Binyam W/Hanna

Grade : HS
Limit: 15

As members of Burn Care, students will go to a trip to Cure hospital to interact with patients- this includes a wide variety of activities including teaching, playing puzzles, and even, watching movies. A box of educational supplies is available along with some puzzles and toys. Our goal is to maximize our reach using the equipment we have(Students could also bring their laptops with learning apps or appropriate movies.) to make the patients feel at home. Our motto is 'Doctors heal the wound-we the mind.'

Next year, for students who have dreams of becoming a doctor, we are planning to have students visit the surgery room for them to have a hands-on experience.

Mekdela Soccer(4:30-5:30)

Samson Bahru

Grade : HS
Limit: 15

Mekdela Football (ICS)- Mekdela Football is an activity that Seniors started five years ago, where boys from the neighboring school (Mekdela school) are taught to play organized football. The students will be engaged in team building football activities that will help them improve their skills and decision making in football. There will be a mini tournament to assess these skills and grant a winner. Mekdela will involve a series of sessions on developing players skills (bring your skills, support & playing kit).



THURSDAY

HS Ultimate Frisbee(6:00-8:00pm)

Brian Greenough and Jessica Fortin

**Grade : HS
Limit: 24**

Ultimate Frisbee is a fast-paced, non-contact sport that combines elements of basketball, soccer and netball, but using a disc instead of a ball. Bring a friend! If you come, bring a white t-shirt and a colored t-shirt, football cleats and water.

Math help

Azeb Estifanos

**Grade : G9-11
Limit: 15**

Anyone who needs to review what they did in class or anyone who needs extra help in math can join. I will help students individually.

Robotics

Leulseged Assefa/ Dorin Grecu /Caleb Ado

**Grade : G8-12
Limit: 24**

Build and program robots and compete on the HS game table. We'll be working every season through the year, getting ready for the ISSEA tournament in Tanzania next April.

SFS

Belaineh Mekonnen

**Grade : HS
Limit: 24**

Moving in the 21st century environmentalism and sustainability is continuing to be increasingly influential with many aspects of our lives. Thus, in support from its enthusiastic members, SFS would focus on how to make our life sustainable with its work in ICS and beyond. It will be a research oriented service including field trips and real interaction with the environment.

E-pads

Siham Omar

**Grade : G8-12
Limit: 24**

E-pads is after school service activity that provides handmade sanitary pads to women that do not have access to them. In addition, this activity also strives to challenge negative stereotypes held against women regarding menstruation. Currently, E-pads is working in an outreach program with girls in the Mekdela school not only to supply them with sanitary pads but also to educate them and uplift their self-esteem.

The Good Knights

Matha Langille

**Grade : HS
Limit: 15**

It is a service group that deals with providing homeless children with clothes. Recently, they have been collecting items to give to these kids, from 6-months to 18 year old. They want to come up with a sustainable way to help the less fortunate

CCC

Nathan Haines/Paninah De Avilesb

**Grade : HS
Limit: 15**

The Children's Cross Connection (CCC) Children's Home is an orphanage in Wolaita Soddo. There are 57 children, ages 4-18, who live at the home and an additional 20 young adults who live either in the transition program or are supported while completing university or vocational training programs. The CCC ASA is a CAS Project, started originally by Maeve Redmond and Izabela Berile. The goal of the CAS Project is to help raise funds and provide materials that help to improve the care for the children living at the CCC Home.

FRIDAY

Table Tennis

Tilahun Assefa

Grade : MS/HS
Limit: 15

Are you interested in spinning, flicking and spiking? If so, this activity is for you. Come and join our table tennis group. Door is open for all levels of players; from beginners to advanced. By joining the group, you can improve all kinds of forehand and backward techniques. Not only this, you will also enhance your body's agility at the same time. Come and enjoy.

B3- Boys, Books, and Basketball (Boys only)

Jill Friend

Grade : MS/HS
Limit: 15

Boys, we're going to hang out for an hour and during that time focus on an academic issue, followed by discussion on issues facing boys your age. Within the time we will also play basketball- both shooting games and 3v3, 5v5 games.

High School Yearbook

Leulseged Assefa/ Joshua Smalley

Grade : HS
Limit: 20

Are you passionate about graphic design, photography and feature writing? If you are please sign up and be part of The ICS High School Yearbook team to have the opportunity to develop new skills and cultivate the skills you already have. We use Jostens online program so the at-school commitment is once a week (Fridays) in addition to your independent work from home.

French Conversation Group

Sarah Teklu

Grade : MS
Limit: 15

Students don't have any opportunity to practice their French for many reasons. Therefore, I thought it would benefit and help them improve their speaking skill if we meet to discuss in French on any topic they like.



ICS LEARNER PROFILE

The aim of all programs at ICS Addis is to develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet help to create a better and more peaceful world. As ICS learners, we strive to be:

PRINCIPLED

We act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences.

THINKERS

We use critical and creative thinking skills to analyze and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.

KNOWLEDGEABLE

We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.

COURAGEOUS

We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change.

INQUIRERS

We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life.

CARING

We show empathy, compassion and respect. We have a commitment to service, and we act to make a positive difference in the lives of others and in the world around us.

OPEN-MINDED

We critically appreciate our own cultures and personal histories as well as the values and traditions of others. We seek and evaluate a range of points of view, and we are willing to grow from the experience.

BALANCED

We understand the importance of balancing different aspects of our lives – intellectual, physical, and emotional – to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.

REFLECTIVE

We thoughtfully consider the world and our own ideas and experience. We work to understand our strengths and weaknesses in order to support our learning and personal development.

COMMUNICATORS

We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.