

Parent
Community
Link (PCL)



ICS
ADDIS ABABA

WELCOME TO ADDIS ABABA

Useful information and tips to help you get settled in Addis Ababa

This Welcome Guide is made up of useful information and tips provided by past and present ICS parents, teachers and staff as well as with the support of various websites. This information is not intended to contradict any regulations or guidelines supplied by your Embassy or Organisation.

This guide was last updated February 2018; however, Addis Ababa is growing rapidly and information changes just as fast. Please feel free to email pcl@icsaddis.edu.et if you would like something added, removed or if you discover any incorrect information.

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“Since its establishment in the 19th century, Addis Ababa (አዲስ አበባ) has always seemed like a magical portal, a gateway to another world. For the rural masses of Ethiopia, it was, and is, a city whose streets are paved in gold; for a foreign visitor, the gateway of Addis Ababa is at the verge of an ancient and mystical world. And yet, Addis – Africa’s fourth-largest city and its diplomatic capital – is also a traffic-choked, sprawling city of no discernible beauty that many foreign visitors try to transit as quickly as possible. But take note: by skipping out on the contradictions of this complex city you run the risk of failing to understand Ethiopia altogether. And apart from anything else, Addis is the best place in the country to sample Ethiopian food, and has some wonderful museums and places to stay.”

Lonely Planet <https://www.lonelyplanet.com/ethiopia/addis-ababa>

Before You Arrive

The following advice is taken from people who are currently living in Addis. Although it is a great idea to get advice from people living here, please remember that each person experiences things differently. Also, remember to have an open mind and not let another person’s experiences affect you and your family’s opinion of Addis.

Get out and enjoy with these helpful tips:

- Find a home closest to where you will be spending the majority of your time not only to cut down on traffic, but also to allow you more free time with friends and family.
- If you have children at ICS, join in the *PCL Coffee Mornings* to help make friends and connect with others.
- Please do not be shy to ask for advice from people who have been here longer. Most people are happy to help!
- Find people who like it here! People who like the culture and country will be happy to share all the positive aspects with you. Conversely, try to avoid those who are eager to share their complaints about Addis and Ethiopia in general.
- Recognize that culture shock is natural and normal and that everyone goes through it to one degree or another. It can be overwhelming when you first arrive, but remember that it won’t always be like that.
- Find things that you like to do, and do them!
- If there is a non-working spouse or partner at home, encourage them to become active in adult education, exploring the local culture and community, volunteering or whatever is appropriate to their interests and situation.
- Join your local gym or exercise class to help make friends.
- Be a tourist - explore the neighbourhood and do fun stuff!
- Notice the good. For example, see how easily Ethiopians smile.
- Learn some Amharic, just a few simple phrases and expressions will take you a long way.

What to Bring

Children's indoor and outdoor play equipment is scarce and expensive. Therefore, if you have the option to pack any of the following items in your container, bring them: trampolines, swing sets, bicycles, board games, TV/Video games, climbing structures, skate boards, sand pits (with sand in a sealed bag), children's furniture, arts and crafts sets and any other activities that your family may enjoy. Remember that anything you bring to Addis can easily be sold. People usually do not have a problem reselling what they don't use and even what they do use when they move on from Addis.

It would also be helpful to pack some inexpensive toys to use as gifts when your children are invited to birthday parties since toys in Addis are generally of poor quality and very expensive.

There are many, many furniture stores in Ethiopia, but all of them are quite expensive. Therefore, bring your own furniture if possible especially beds. Also, bring your own bed linen as it is difficult to find in Addis Ababa.

In addition, it is worth packing decent, quality tools including an electric drill.

Addis Ababa is a noisy place full of dogs barking, pedestrians talking, cars hooting, gates slamming, construction workers pounding and Church services blaring. It is a good idea to pack ear plugs, a white noise machine, noise cancelling ear phones or whatever you feel will help you and your family get some sleep!

Recommended Vaccinations

<https://www.passporthealthglobal.com/ca/destination-advice/ethiopia/>



The PHAC and WHO recommend the following vaccines: Typhoid; Cholera; Yellow Fever; Hepatitis A; Hepatitis B; Meningitis; Polio; Rabies; Measles, Mumps and Rubella (MMR); and Influenza (flu shot). Get details from your local travel clinic or Doctor, before moving to Ethiopia.

Check out the following Blogs and Groups in Addis:

- Addis All Around <http://www.addisallaround.com>
- Addis Social Club/Klub <https://www.facebook.com/groups/414312145444626/>
- Blogs from expats in Addis
<http://www.expats.com/en/directory/africa/ethiopia/addis-ababa/>

- Contact Details <https://www.africaphonebooks.com/ethiopia/>
- Dessert Rose <http://desertroseinnovation.com/ethiopia-for-expats/>
- Ethiopia Hotel Guide <http://www.ethiopiahotelguide.com/index.php>
- Ethiopia Visitor Center <http://www.ethiovisit.com/index.html>
- Expats in Addis <https://www.facebook.com/groups/Expatsinaddisababa/>
- Foreign Service Youth Foundation <http://www.fsyf.org/>
(American only)
- InterNations <https://www.internations.org/addis-ababa-expats>
- Local Addis News <https://www.facebook.com/FortuneAddis/>
- Lonely Planet <https://www.lonelyplanet.com/ethiopia/addis-ababa>
- Parents in Addis <https://www.facebook.com/groups/1537347093217365/>
- The Official Home of 3rd Culture kids <http://www.tckworld.com/>
- Timeless Ethiopia <https://www.timelessethiopia.com/discover/blog>
- Trip Advisor https://www.tripadvisor.com/Tourism-g293791-Addis_Ababa-Vacations.html
- What's Happening in Addis? (Sometimes helpful, but mainly just adverts)
<https://www.facebook.com/groups/387580667979185/>
- What's Out Addis <http://www.whatsoutaddis.com>
(Look out for hardcopy publications at coffee shops, salons, ICS, some Embassies and stores).
- What's Out Addis Facebook
<https://www.facebook.com/WhatsOutAddis/>
- Where in Addis? <https://www.facebook.com/WhereInAddis/>



Settling In

Finding a Home

There are many brokers in Addis Ababa. Below, are some recommendations from ICS parents, teachers, and staff:

Enter Ethiopia

Name: Tesfaye
 Website: www.enterethiopia.com
 Phone: 0913-414-471 or 0931-185-848
 Email: info@enterethiopia.com

Michel Gartner

Name: Michel Gartner
Website: None
Phone: 0921-611-359
Email: michel_gartner@hotmail.com (michel underscore gartner)

Real Addis Property Management

Name: Friekidus Mamo(Kidus)
Website: None
Phone: 0913-414-471 or 0931-185-848
Email: Info@realaddis.com

WM Property Management

Name: David Willis
Website: www.wmproperty.et
Phone: 011-626-2888 or 0913-667-428
Email: david@wmproperty.et

Here are two individual brokers that are also excellent:

Naser 0911-904-068
Hargos 0911-676-189

Other good places to check for housing:

1. ICS Facebook page: "ICS Addis Community"
<https://www.facebook.com/groups/ICSAddisCommunity/>
2. Oddsnsods Facebook page:
<https://groups.google.com/forum/m/?hl=en#!forum/oddsnsodsnaddisabeba>
3. Notice Boards - at local supermarkets such as: Bambi's, Fantu, Novis, Shoa, etc.
4. Word of Mouth - Talk to your colleagues and friends



PCL TIP! Please note that it is common to ask for one-year rent up front so make sure to plan for that. Sometimes it is one-month rent, sometimes it is a percentage of the total payment and sometimes it's a once off cash payment. Clarify how the payment to the broker will work before you start looking. You should also clarify who will be responsible for maintaining the house and have that in writing.

It is important to verify whether or not there is a water/booster pump at the house. It is important to check with neighbours in the area to see how often water comes in. You should also check to see if there are any common electrical problems.

While you are searching for a home, you have many options for temporary accommodations. Below, are some recommendations from previous and current ICS parents, teachers and staff:

Alexandria Hotel

Website: <https://www.ahaddis.com/>

Phone: 0911-103-857

Email: jbezeneh@yahoo.com (Contact the owner directly, Yohannes Bezeneh)

Diplomat Luxury Apartment

Website: <http://www.diplomatapartment.com/>

Phone: 011-372-9550 or 011-372-9551

Email: addisdiplomat@gmail.com

Home Town Addis Ababa

Website: www.hometownaddis.com

Phone: 011-667-3214 or 011-667-3215

Email: hometownaddis29@gmail.com

Marriott Executive Apartments

Website: <http://www.marriott.com/hotels/hotel-rooms/adder-marriott-executive-apartments-addis-ababa/>

Phone: 011-518-4600

Email: Use online form

Riverside Hotel Apartments

Website: <http://www.riversidethiopia.com/>

Phone: 011-618-1175/76/77

Email: reservation@riversidethiopia.com

Sersa Furnished Apartment

Website: www.sersaapartment.com

Phone: 0929-189-630

Email: reservation@sersaapartment.com

Sidima Lodge

Website: <http://sidimalodge.net/>

Phone: 011-672-2630/31

Email: manager@sidimalodge.net

Victoria Guest House

Website: www.victoriaguesthouse.com

Phone: 011-369-2112/13/14

Email: info@victoriahousehouse.com

Enquiries/Need a Phone number? Check out ET Yellow Pages at

<http://www.etyellowpages.com/>



Choosing a School

There are several brilliant schools in Addis Ababa. The school you choose depends on where you live, the age of your children and what suits your family's needs.

Bingham Academy

Website: <http://binghamacademy.net/>

Phone: 011-297-7480

Email: Online forum <http://binghamacademy.net/contact-us-1/>

Facebook: <https://www.facebook.com/pages/Bingham-Academy/284491511595264>

"Bingham Academy was established to meet the educational needs of missionary children and the majority of our students continue to be children of missionaries or Christians serving the people of Ethiopia. The remainder of our students come from the wider expatriate community in Addis Ababa. According to government regulations we can only accept enrolments from students who hold a foreign passport.

Bingham Academy is accredited by the Association of Christian Schools International (ACSI) and Middle States Association (MSA). Bingham Academy is also affiliated with the Association of International Schools in Africa (AISA). We teach the Cambridge International Examinations Curriculum from Kindergarten through to Grade 12 which prepares students for the Cambridge IGCSE and A-Level examinations. Cambridge International Examinations results are accepted for university entrance around the world and, in some cases, with advanced standing. More information about Cambridge can be found on their website www.cie.org.uk."

Brana Playschool

Website: <https://www.branaplayschool.com/>

Phone: 0912-713-233

Email: branaplayschool@gmail.com

Facebook: <https://www.facebook.com/branaplayschool123/>

"Our program is specially designed for one to five and half year-old children. We recognize that each child is unique and special, and will develop at his or her own pace. We truly believe children can learn through having fun. We provide a nurturing environment – full of energy, imagination, creativity and playful delight. All the activities are age-appropriate and with flexibility for every child to adjust to the new 'playschool life.' Our values include a commitment to ensuring equal opportunities – no child is excluded from any activity on the grounds of age, gender, family status, disability, colour, ethnicity, culture, religion or belief. We provide a safe and loving environment for their first learning experience. Our playschool offers highly qualified teachers, including specialists in working with children who have special needs."

Dutch School / De Taaltoekel

Website: <http://www.detaaltoekel.nl/>

Phone: 0929-006-002

Email: Online forum <http://www.detaaltoekel.nl/index.php/contact/>

Facebook: None

“The Taaltoekel team offers Dutch language and culture education to Dutch-speaking children aged 18 months to 18 years.

The Dutch School Association in Addis Abeba, the Taaltoekel, has been providing Dutch Language and Culture Education (NTC) since the beginning of the 1980s. The school is located on the grounds of the Dutch Embassy, where the teachers offer the children a safe learning environment. In addition to NTC primary education for 4 -12 year old's, Taaltoekel also provides NTC education for secondary education (13-18 year old's) and for toddlers (age 1.5-3 years). Furthermore, the school also offers a module Dutch Language and Society for adults, which prepares the students for the Dutch civic integration examination.”

Head to Toe Early Learning Centre

Website: <http://www.headtotoeaddis.com/>

Phone: 0930-012-351

Email: info@headtotoeaddis.com

Facebook: <https://www.facebook.com/HeadToToeKindergartenAddisAbaba/>

“We offer play based/active learning programs for children ages 6 months–6 years, as well as an inclusive special needs program. Located in the Meganegna/Bole area we have private transport for families coming from Old Airport. In addition to our full and half-day options, parents have the choice of enrolling children from 1–5 days a week. Additionally, all families in Addis are welcome to register for and join our afternoon programs, winter and summer camps, various extra-curricular activities, caregiver training, parent workshops and social events.

The director, Jane Pyecha, is an Education and Early Childhood Specialist. She and her husband Teddy opened Head to Toe in 2009 to provide a developmentally appropriate learning space for their new son. Their mission was to create a community where staff and families collaborate and support one another in giving children a fun, safe, and loving place to play, laugh, learn and grow together. As the expatriate community continues to grow in Addis Ababa, our vision also evolves in order to meet the growing needs of families seeking preschool, nursery, and kindergarten schooling for their children in this truly international city.”

International Community School (ICS)

Website: <http://www.icsaddis.edu.et>

Phone: 011-371-1544

Email: admissions@icsaddis.edu.et

Facebook: <https://www.facebook.com/ICSAddisAbaba/>

“ICS Addis is accredited by the Middle States Association of Colleges and Schools and is an International Baccalaureate (IB) World School. We offer a strong IB Diploma Program, recognized by colleges and universities worldwide, and are authorized to offer the Primary Years Program (PYP) as well. ICS is sponsored by the US State Department.

Students and their learning are the central focus for our faculty and staff. We hire teachers with a strong student orientation, provide extensive training to keep our skills updated, and regularly take time to collaborate and talk about student learning. Student performance in reading, writing, science and math are all improving as a result. In our mission to provide a holistic, student-centered education, almost all of our students also participate in music, drama, art, sports and leadership activities. We share a culture of reflection and continuous, sustained improvement and we believe we can do this in a safe, caring and attractive environment in which high academic performance is expected. Evidence of this is the love of learning that we see in our students, in the challenging courses our students elect to take, and the very high participation rate of students in our IB Diploma Program and in activities after school.

The families and faculty of ICS Addis represent over 60 nationalities and all contribute to our strong community. The ICS school culture is important to us...we must work together, deliberately, to create a common culture of high academic and behavioral expectations and achievement. We invite parents to support us and participate in our culture-building.”

LionHeart Academy

Website: <http://www.lionheart-edu.com/>

Phone: 011-886-3009

Email: Info@LionHeart-edu.com

Facebook: <https://www.facebook.com/LionHeartAddis/>

“LionHeart Academy educates children to become compassionate, confident and creative learners in the 21st century's global community.

It's a way of being that stays with our students long after school's out. Long past graduation, too. LionHeart kids thrive and become independent young people who share and participate in their community. They may be small now, but their ideas are sky high.”

Little Einstein's Early Learning

Website: <https://www.littleeinsteinsaddis.com/about>
Phone: 011-822-3667
Email: aprilling1@gmail.com
Facebook: <https://www.facebook.com/littleeinsteinsaddis>

"Little Einstein's Early Learning Centre is now enrolling students for its brand-new Bole campus in Addis Ababa. Early childhood is a time of tremendous developmental growth for children. Our highly skilled and qualified teachers are focused on 'knowing' each child and their family, and working at the speed of the individual child to instil in them a disposition to learn, a curiosity to question their world, a confidence to be creative with their methods of obtaining answers. The outcome of achieving this is emerging from Early Childhood Education a confident, competent learner, ready to go forth on the next step in their learning journey."

Lycée Guebre-Mariam

Website: <http://www.guebre-mariam.org/>
Phone: 011-155-1603
Email: lyceeco@gmail.com
Facebook: <https://www.facebook.com/LyceeeGuebreMariamAA/>

"Lycée Guebre-Mariam is a French international school in Addis Ababa, Ethiopia. The school serves levels maternelle (preschool) until lycée (senior high school)."

Paintbox Pre-school

Website: <https://paintboxpre-school.weebly.com/>
Phone: 0911-233-083
Email: janeaddis2003@yahoo.co.uk
Facebook: <https://www.facebook.com/Paintbox-Pre-School-Addis-Ababa-402440376581591/>

"Paintbox Pre-school is a well-established organisation offering age appropriate experiences to prepare children aged 2 – 5 for school."

Reach International Centre of Education (RICE)

Website: <https://www.riceethiopia.com/>
Phone: 0929-951-976
Email: riceethiopia@gmail.com
Facebook: None

"The idea for Reach International Centre of Education (RICE) was conceived in the early months of 2012 arising from two sparks. The first spark was seeing yet again the demand by parents for an education that will both prepare their child academically, but one which will also lay a solid moral and ethical foundation, developing a child's character; a character especially moulded with Christian values. The second spark was the desire to provide quality international education that would encourage Ethiopians living abroad to return to Ethiopia."

Ethiopians who live overseas or have been studying overseas with their families are often concerned about the education of their children when returning. This concern has unfortunately resulted in many families deciding to remain overseas. We would like to see RICE provide one contributing factor for Ethiopians to return to their home country of Ethiopia.”

Sandford International School

Website: <https://www.sandfordschool.org/aboutus/school.html>
Phone: 011-123-3726/27/29
Email: info@sandfordschool.org or sandford@ethionet.et
Facebook: <https://www.facebook.com/pages/Sandford-International-School/116105228468871>

“In 2001, Sandford English Community School was re-registered as “Sandford International School” and started to offer the international Baccalaureate (IB) instead of the IGCSE A levels, as its pre-university course for years 12 and 13. The position of “Senior Manager” was established, to oversee the management of the School and to facilitate the working requirements of the senior academic and administrative staff and of the Board. The Senior Manager is also the chief liaison with the Ethiopian Government authorities.

The school divided into three sections: - the Primary School from Nursery to Year 6, - the Secondary School from Year 7 to Year 13, - the Adult Evening School. Public examinations offered are the Ethiopian National Examinations at Year 8, and Year 10, the IGCSE at Year 11 and the International Baccalaureate at Year 13.”

The German Embassy School

Website: <http://www.ds-addis.de/index.php?lang=en>
Phone: 011-553-4461/63/65
Email: info@dbsaa.de
Facebook: <https://www.facebook.com/Deutsche-Botschaftsschule-Addis-Abeba-502529176477099/>

“The German Embassy School Addis Ababa (DBSAA) is one of 140 accredited German schools abroad, which have been established by the Federal Republic of Germany in collaboration with a local school association in order to promote German language and culture around the world.”

The Hellenic Greek Community School

Website: <http://www.hellenicgreekcommunityaddis.com/index.php/admission>
Phone: 011-551-5870
Email: gcs@ethionet.et or gcsaa1@gmail.com
Facebook: <https://www.facebook.com/groups/134006380116/about/>

“The GREEK COMMUNITY SCHOOL is a Cambridge International School which provides QUALITY education to Addis Ababa residents of non-Ethiopian nationals between the ages of three and eighteen.

The Addis Ababa Greek Community (now, the Hellenic Greek Community Association in Ethiopia), was established about 103 years ago in Addis Ababa. It was established to assist its members in supporting each other and their families in solving any economic and social problems they faced and to promote their own culture."

Utilities

Ethiopian Electric Power Corporation:

011-1151-7370 or **905 for emergencies**

Electricity is 220 volt. Most plug points look like this



Adaptors are widely available in almost all main supermarkets.

Addis Ababa Water and Sewage Authority:

011-111-6334 or 011-155-0922 or
956 or 949 for emergencies

Official trash collection is usually once or twice a week and costs 30 birr, which is added to your utility bill. There are unofficial trash collectors, which cost 200 birr a month. Some are reputable and take it to the local skip, while others just dump it anywhere. Before you make use of their services, you should verify with security guards on your street if they do dispose of the trash properly.

Phones

When you first arrive in Addis, you will need to take your mobile phone to customs at the airport with your passport. Your IMEI number will be linked with your passport. It is possible to register ones' phone within a few days after arrival at an Ethio telecom office too. More than two phones will be subject to tax; however, at the time of printing this guide definite regulations had not been determined.

All phones go through Ethio telecom www.ethio telecom.et. Call 994 for customer service and press 3 for English. Most houses come with a fixed landline, but if your house does not, you will need your landlord to make an application. View Ethio telecom's website for the most up-to-date information.

For Mobile phones, simcards have become more frequently available. You will need 20 birr and your passport. They will take your photo and complete the registration fairly quickly. It may help to go along with someone who can speak Amharic.

You can purchase a phone card almost anywhere in Addis. Look out for the people with signs around their necks. Most shoe shiners sell cards too.

Phone cards look like this →



Instructions to load:

- 1) Scratch off the code on the back
- 2) Type *805*your code# and then push the dial button for the credit to be loaded. You should receive a message with how much birr you added.

You may convert credit into data by dialling *999# (165 birr for 1GB, 600 birr for 4GB). There are also text and voice packages available.

Domestic Help

There are six categories of domestic help: (1) House keeper; (2) Cook; (3) Nanny; (4) Gardener; (5) Security Guard; and (6) Driver.

Gardeners - for small gardens the security guards may keep the garden neat, but for bigger gardens you will need to hire an actual gardener whose hours should be customized according to your needs.

Drivers – many organisations supply a driver. Ideally your driver will also act as your translator and will help you find your way around Addis. Take your time and find a driver that suits your family's needs.

There is no minimum wage in Ethiopia. There also does not appear to be a standard pay for domestic help in Addis Ababa. With that said, most nannies are paid more than cooks and house keepers. Salaries really depend on the length of service, experience and knowledge (including communication skills).

To find domestic help, you have several options:

- For ICS families, ICS Facebook page "ICS Addis Community"
https://www.facebook.com/groups/ICSAddisCommunity/?ref=br_rs
- OddsNods Facebook group
<https://groups.google.com/forum/m/?hl=en#!forum/oddsnsodsnaddisabeba>
- TLC Nannies tlcnanniesaddis@gmail.com for house keepers, cooks and nannies. Check out their Facebook page at: <https://www.facebook.com/tlcnanniesaddis/>
- Various Embassy newsletters
- Various Facebook groups – always ask for a letter of recommendation from a previous employer
- Word of Mouth - Talk to your colleagues and friends
- To find a driver, you may also call Baye at 0911-427-859

Do not hire staff off the street or from recommendations by random brokers. Most people prefer to hire staff from other foreigners or diaspora's who may give a personal

recommendation. You may want to check with your embassy or organisation to see if they have a salary guide or direction on hiring domestic help.



PCL TIP! When you employ your domestic worker, ask the previous employer how they structured things. You may also want to create a schedule of duties and tasks so that things are clear from the start.

Labor Laws

It is a misconception that there is no law for domestic workers. Below, are some guidelines on work schedules, pay and other important issues relating to domestic staff.

Hours of Work

Normal working hours are 8 hours a day or 48 hours a week. They should be distributed evenly, but also can be evenly calculated over a longer period of time.

Workers are entitled to a weekly rest period of 24 non-interrupted hours in a period of 7 days. Unless otherwise stated in a collective agreement, the weekly rest should be on Sunday, but another day may be chosen for certain services.

Overtime

Overtime is standard time and a half. A bonus is at the employer's discretion. Any work exceeding the normal working time of 48 hours a week is overtime. Overtime is only permissible for up to 2 hours a day, or 20 hours a month, or 100 hours a year.

Paid Leave

Annual, uninterrupted leave with pay shall be a minimum of 14 working days, plus one working day for every additional year of service. It is forbidden to pay wages in lieu of the annual leave.

Maternity Leave and Maternity Protection

The Constitution of Ethiopia grants the right to maternity leave with full pay.

Employees are entitled to maternity leave, which is to start from 30 days prior to due date of birth, and end not less than 60 days after birth of the child. Maternity leave is classified as paid leave. A nursing employee does not enjoy special legal protection.

13th Cheque and Bonuses

Many people give a 13th month cheque while others give a cash amount for the main holidays (i.e. Easter, New Year and Ethiopian Christmas). You are under no obligations to give a bonus; however, it is common practice to do so.

For more information, please check out the links below:

http://www.ilo.org/ifpdial/information-resources/national-labour-law-profiles/WCMS_158894/lang--en/index.htm and <https://mywage.org/ethiopia/home/labour-law/employment-security> and <https://www.ilo.org/dyn/natlex/docs/WBTEXT/31977/64870/E93ETH10.htm>

You may also want to get guidance from your Embassy or Organisation.

Here is a PDF on employment that you may find helpful:

<https://chilot.me/wp-content/uploads/2011/06/employment-and-labour-law.pdf>

Vehicles & Licenses

If you are entitled to tax-free status in Ethiopia, you are eligible to buy one duty-free vehicle (if you do so within a certain period time after your arrival in country). For some organizations and those individuals with diplomatic status, you are not limited to six months; however, there is twelve-month limit. The duty on vehicles is nearly 200% so taking advantage of this will save you a lot of money! Duty for vehicles is cut by 10% per year of presence in Ethiopia.

Check the notice boards at various shops and supermarkets, Facebook groups, etc. for people selling their vehicles. Before purchasing a car, have it checked by a reputable mechanic, see "Services" for suggestions on local mechanics and garages.

To drive legally in Ethiopia, you must have a valid Ethiopian driver's license. Before you can apply for an Ethiopian driver's license, you must first have a valid residence permit or visa.

If you have a valid license from another country, follow the procedure below to obtain an Ethiopian driver's license:

- Authenticate your license at the embassy of the country that issued your license
- Proceed to the Ministry of Foreign Affairs, which certifies the authenticity of the license
- Submit the following to the Transport Authority:

- (1) Copy of the original driver's license;
- (2) Letter of Authenticity from Embassy;
- (3) Certification from the Ministry of Foreign Affairs;
- (4) Letter of application for license from your sponsoring organization; and
- (5) Two passport photos

Take note that lending your car to someone that is legally not allowed to drive is an offense under the Ethiopian law.

Time Zone

The time zone in Ethiopia is East Africa Time (EAT) (UTC+03). Almost all Ethiopians use a 12-hour clock, with one cycle of 1 to 12 from dawn to dusk, and the other cycle from dusk to dawn. Unlike the convention in most countries, the start of the day is dawn, rather than midnight. Thus, 7:00 AM in East Africa Time corresponds to 1:00 in daylight hours in local Ethiopian time. 12:00 noon EAT is 6:00 in daylight hours, and 6:00 PM EAT is 12:00 in local time.

When making an appointment, for an example, make sure you are both on the same page. If the person says let's meet at 2 PM, it could well mean 8 PM. To avoid confusion, always confirm.

Seasons

December, January and February –known as **Bega** or **Winter** here in Ethiopia. This is considered the dry season with frost in the mornings (especially in January).

March, April and May – the **Autumn** season or **Belg** here in Ethiopia. You may have occasional showers during these months. May is considered the hottest month in Ethiopia.

June, July and August – are the **Summer** months or **Kiremt/Meher** in Ethiopia. Heavy rain falls during these three months.

September, October and November – is the **Spring** season or **Tseday** here in Ethiopia. These months are also referred to the **Harvest** season.

Climate

Ethiopian climate varies according to the different topographical regions. The central plateau has a moderate climate with minimal seasonal temperature variation. The mean minimum during the coldest season is 6°C (43°F), while the mean maximum rarely exceeds 26°C (79°F). Temperature variations in the lowlands are much greater, and the heat in the desert and Red Sea coastal areas is extreme, with occasional highs of 60°C (140°F). Heavy rainfall occurs in most of the country during June, July, and August. The High Plateau also experiences a second, though much milder, rainy season between December and February. Average annual precipitation on the central plateau is roughly 122 cm (48 in).

For more detailed information read up here:

<http://www.encyclopedia.com/places/africa/ethiopia-political-geography/ethiopia>

National Holidays

Holidays generally follow the Old-Style Coptic Church calendar. National holidays include:

- 7 January Christmas
- 19 January Epiphany
- 2 March Victory of Adwa (1896)
- 6 April Victory Day

- 1 May May Day
- 11 September New Year's Day
- 27 September Feast of the Holy Cross
- Movable Muslim holidays include 'Id al-Fitr and 'Id al-'Adha.'

Getting Around Town

Addresses

Street addresses are rarely helpful for locating places in Addis, but you should understand how the city is organized so that you can refer to your address when needed (i.e., dealing with utility bills).

Each house is located in a specific sub-city and has:

- (1) a house number
- (2) a kebele number
- (3) a woreda number
- (4) a zone number (*obtain this information from your landlord)

For example, ICS is located in Zone 2 and is under the jurisdiction of the Nefas Silk Lafto sub-city office. It is in woreda 23 and in kebele 4.

It is important to know that many of the main roads have multiple names or no names at all. This makes it extremely difficult when giving directions. Make sure that you know a good landmark, preferably one that most Ethiopians know (i.e., Meskel Square, Bambi's, Abo Church).

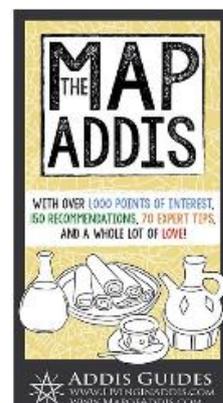
Some common roads with multiple names are:

- Victory Road = South Africa Road, South Africa Embassy, or St. Gabriel Church
- Asmara Road = Haile Gebre Selassie Road
- Mekannissa Road = Vatican Embassy Road (on maps – "Egypt St. and "Guinea Bissau")

Once you get settled in your new home, it is helpful to prepare a hand-drawn or computer-generated map using landmarks, prominent signs, etc. to help guide friends and guests to your house. You might also find it beneficial to put an identifying mark on your gate.

The most up to date map of Addis is www.mapofaddis.com →

You can purchase a copy from the Administration Office at ICS or from the PCL room for 100 birr. If you want a copy before you get to Addis, you can get it on Amazon (see the link above).



Driving in Addis

Depending on where you have lived and driven before, you will either find driving in Addis a pleasant change (relative to big cities in other developing countries, of course) or terrifying! Expect to encounter drivers weaving in and out of traffic lanes while talking to passengers or to other drivers.



Don't expect the numerous donkeys, dogs, chickens, sheep, goats, cows and even pedestrians on Addis' roads to get out of the way of oncoming traffic!

Stay calm and always keep your wits about you.

Serious traffic rules:

- Wear seat belts
- No talking on a Mobile phone (only recently have hands-free options been made legal)
- No driving on a walk way
- Do not do a U-turn where the signs warn you not to
- Do not give money to beggars

Expect to get to know the back roads to every place you are going in light of the fact that many major roads are being widened and improved all at the same time! Also, expect to spend lots of time stuck in traffic.

All in all, it's pretty easy to find places with worse driving conditions and roads than Addis, but in the heat of the moment sometimes that's easy to forget. **Be vigilant, drive defensively and most importantly, keep your sense of humour!**

It is generally safe to drive in Addis, but sadly there are still incidents where people have been tricked and caught unaware. See "**Be Aware**" later on in this guide.

Taxis

Until you have access to a car and are ready to drive in Addis (i.e., have a car, driver's license, etc.), you are probably going to be dependent on taxis for getting around. There are three main types of taxis in Addis:

1. **Yellow taxis:** These taxis are government-licensed and their drivers are members of a taxi association. The vehicles are in good repair and the drivers usually speak English. These taxis have access to restricted areas such as the Sheraton and Hilton hotels as well as the prime parking lot at the airport.

2. **Blue & White Taxis** These taxis are independently owned and operated and are readily available throughout the city. In most cases, the cars are in poor repair, are unlikely to have working seatbelts (especially in the backseat) and the drivers usually don't speak English. Of course, there are always exceptions to the rule. Unlike the yellow taxis, blue & white taxis do not have access to restricted areas so expect to be dropped off outside of the Sheraton Hotel (rather than at the door) and at the farthest parking lot at the airport (rather than the closest one). The main benefit of blue & white taxis is that they are everywhere and you will be supporting an individual rather than a company.
- 
3. **Blue & White Minibus Taxis AKA Blue Donkeys** Like the blue & white taxis, these minibus taxis are readily available throughout the city. They cost a fraction of what the blue & white taxis and the yellow taxis cost. To figure out the destination of the minibus taxis, listen for the destination called out by the money-taker.



Fairly new to Addis is a service called

← **RIDE**, which is recommended by several ICS parents who have been very happy with the rates and response times.

Download the app at:

<https://play.google.com/store/apps/details?id=com.multibrains.taxi.passenger.ridepassenger&hl=en>

Below are a few personal short-term driver recommendations from ICS parents, teachers and staff:

Addis 0912-105-974 - "Addis is familiar with ICS, speaks great English, great with children and is an experienced, trust worthy driver."

Fikadu 0913-216-129 - "Fikadu is based around Old Airport and has been an extremely reliable taxi driver. He has a well-maintained car with seatbelts and can do early morning airport runs as well as regular trips across town."

"Hi everyone, I just wanted to recommend an awesome taxi driver, Fikadu. He is a lovely, kind man with great English. He has two small children and seems like such a wonderful dad. He has a newer, private Toyota and he lets you hook up your Phone for music if you want) You can call or text him (but he also uses WhatsApp and Viber) at 0913-216-129."

Teddy 0911-334-178 or 0912-775-577

Tibebe Beyene 0912-600-320 or 0975-293-791- "A former driver (Tibebe Beyene) started his own taxi company with a friend."

Tibebe & Sisay Taxi Service 0912-600-320 or 0975-293-791 - "Tibebe is a safe driver who speaks perfect English and really knows his way around Addis. He has been a great help to families over the past year."

Zewdu 0911-056-244 - "Dear ICS community, my driver Zewdu has bought a modest Toyota car (sedan) and is available to work as a private driver/taxi, with his own car, after 4:00 PM on weekdays and all day on weekends. Zewdu is an honest man, good driver, reliable and speaks good English. He's very resourceful and, problem solver and knows the city very well. If you need a driver for those night/weekend outings, do not hesitate to call Zewdu."

"Very reliable taxi with his own car living in old airport 0911-694-836."

Other recommended taxi drivers who are readily available:

- Binijam 0911-667-556 (works from Pushkin/Sarbet Square)
- Germa 0911-651-778 (works during evening hours from Mexico Square)
- Million 0911-623-915 (operates in Bole Rwanda, but is willing to go anywhere in Addis)
- Tamrat 0911-611-859 (is a recommended taxi driver in Old Airport)

Police Checks

Police stops are mainly to ensure you have a driver's license and that your car is in good repair. Always carry your driver's license with you and never talk and/or hold your Mobile phone while driving.

Lately, various road blocks are being set up around Addis Ababa for breathalyzer tests. Tinted windows are also forbidden unless you are a diplomat or have special permission.

Accidents

If there are no police in the area, call the Embassy or Organization you work for. It is best to wait in your car until the police or help arrives. Do not move your car until the police get there, as they will mark the vehicles' position on the road. Only when s/he asks you to move your vehicle can you do so. The police will take statements from both parties involved and let you know where the docket will be filed so that you can collect the report for your insurance company.

If there are no police in the area, you can swap details with the other person involved. Sometimes people swop their driver's licenses to ensure the person is not lying about their contact details. People may offer to take you to their mechanic to fix your car if it is their

fault. This decision is up to you, but it may be wise to seek out a recommend mechanic instead.

If a pedestrian is injured, you should take that person directly to the nearest hospital before reporting it to the police. If they are seriously injured, phone an Ambulance (see “Services” later on in this guide).

Television

For television in English, DSTV is the only option. Rates depend on the package that you opt for. DSTV Premium is \$80 and the lowest is DSTV Access for only \$11. Have a look at this link and choose what suits your needs: <http://eazy.dstv.com/en/et/get-dstv>

To find an installer in your area look up info here:

<http://eazy.dstv.com/en/et/installers/find/installerscity/ethiopia/Addis-Ababa>

*Remember to use only accredited installers and not someone off the street.

Netflix and other online providers also work in Addis, just make sure you have a good internet connection.

Pets in Addis

Do not buy puppies off the side of the road. The people who sell them take them away from their mothers far too young. They often stand for hours on the street holding the puppies, which then leads to heat exhaustion and dehydration in the dogs. You may think that you are saving a puppy, but in the end all you are doing is encouraging the sellers to continue this practice.

A better option would be to contact **International Fund for Africa – Animal Project** at: <https://www.facebook.com/InternationalFundForAfrica.AnimalProject/> if you and your family would like to adopt a puppy, kitten, dog or cat.

Alternately, check local blogs and posts for adverts of people wishing to rehome their pets.

Please note, it is illegal to purchase wildlife like tortoises, monkeys and birds from street vendors. Such cases should be reported to the *Ethiopian Wildlife Conservation Authority* (EWCA) at 011-550-4838 or use Facebook since their website is no longer operational <https://www.facebook.com/EthiopianWildlifeConservationAuthority/> .

You can find a locally made dry dog food at supermarkets such as *Bambi's*, which usually has a good quality dry dog food in stock. You can also make a mix of ground beef, rice and vegetables for your pets.

A company called “*Pet Eats*” makes homemade dog food, which is packaged in small batches and immediately frozen. You can visit their shop on the 6th floor landing of the *Clay Pot Restaurant* in the Mentewab Building between the Olympia roundabout and the bridge that goes to *Bambi's*. They are the last building on the right, next to the WFP office. The shop

is open Monday and Tuesday 10:00 AM - 3 PM; and Wednesday - Saturday 10:00 AM - 9:30 PM.

For chickens and chicken feed contact *Friendship Agro-Industry* at 011-895-2293/94/95/96 or email them at friendship.agro@yahoo.com

Most of the Vets listed under “Useful Contacts” in this guide can help you import your pet from your current country.

Medical and Health Care

The two main Doctor’s Offices in Addis Ababa are:

(1) Nordic Medical Centre

Open 24/7 for emergencies	Bole Sub City, Kebele 01, House number 1244, Addis Ababa	reception@nordicmedicalcentre.com
Doctor consultation hours:		
Monday – Friday: 8AM to 6PM	Near Rwanda Embassy	https://www.nordicmedicalcentre.com/
Saturday: 8AM to 3PM	Phone 8901 or Phone 0929-105-653	https://www.facebook.com/nordicmedicalcentre/

Services Available:

Emergency Room, Intensive Care, Operating Theatre, Patient Rooms, Diagnostic Image Department, Laboratory, Pharmacy, Doctor Consultants, Medical Check-ups, Medical Evacuations, Physiotherapy and holistic treatments and First Aid Courses.

“The Nordic Medical Centre (NMC) is Norwegian run and staffed by highly experienced international and Ethiopian medical professionals. We deliver high-quality medical services 24/7 and are the preferred medical provider for a number of international organisations, embassies and health insurance companies.

NMC offers emergency and critical care medical services throughout Ethiopia. Conveniently located in the heart of Addis Ababa, we also provide family medicine services. Our comprehensive care for everyone in the family includes paediatric and adult services, physiotherapy, medical check-ups, pharmacy services, along with diagnostic imaging and laboratory services.

In response to a request by the diplomatic community in Ethiopia, NMC was founded in 2012. In late 2015, NMC opened its doors and started serving patients. In September 2017 NMC opened its expansion building which includes ICU and Operating Theatres.

Our ambulance service is available round the clock. We offer quality medical emergency transportation services in Addis Ababa and surrounding areas. To reach critically ill and injured beyond the capital, we work in partnership with Aquarius Aviation to provide an air ambulance service.

The NMC ambulances are equipped to international standards and always staffed by trained critical care nurses and drivers. Our ambulance crews work in tandem with our Emergency Call Centre (ECC). The ECC is located on-site and operational 24/7. Operators staffing the ECC are trained medical professionals and will provide medical advice over the phone*. (*NMC ambulance App & Emergency Call Centre available to NMC members).

The NMC Smart App: In a country where street names are limited, it can be difficult to explain the location of an emergency. Using GPS technology, our smart-phone ambulance App* is able to pinpoint the exact location of an emergency caller. Likewise, our ambulances are GPS equipped to guide the crew to the right location and shortening response times.

Preliminary care is given at the scene and during transport. Our fleet of ambulances carry the following equipment: Defibrillator, Ventilator, Oxygen supply. Spinal board, scoop stretcher, and splints, Facilities for intubating, Cardiac monitor, Emergency medication."

What is included?

1. Exclusive access to NMC App 24/7
2. Direct access to Emergency Call Centre 24/7
3. Priority access to free ambulance* service within Addis Ababa** to NMC 24/7

*Non-members pay a fixed fee at the time of service delivery. Dispatching of ambulance is determined by NMC operator. **Additional charges apply for services outside of Addis Ababa

Emergency Call Centre

The Emergency Call Centre (ECC) is located in the NMC and is operational 24/7. The operators are medical professionals trained according to the international medical index and will provide medical advice to members. If required, ECC operators can locate the member through the app and dispatch the nearest ambulance.

Ambulance Service

The NMC ambulances are equipped to international standards and always staffed by trained critical care nurses and drivers. To shorten the response time in case of an emergency the ambulances receive member requests with exact location on GPS enabled tablets.

The NMC offers an Accident & Emergency membership, Basic & Premium. The membership is available to organisations, families and individuals. If you are interested in getting a membership please email membership@nordicmedicalcentre.com

(2) Sussie Clinic

Doctor consultation hours:
Monday – Friday: 8:30 AM
to 5:00 PM
Saturday: 9 AM to 12:00 PM

Kera
Towards Kirkos Church

Phone Children
011-416-1649

Phone Adults
011-467-2047

info@sussieclinic.com

<https://www.sussieclinic.com>

Services Available:

Full medical health checks for adults and children, prenatal care, injury management including lacerations, 24/hour physician phone consultation, vaccinations, travel medicine consultations, medical evacuations, medical clearances, wellness and nutritional counselling, comprehensive on-site laboratory, referral laboratory for specialized blood tests with ICL/Bioscentia Germany and First Aid/Basic CPR Training for organisations.

Physicians Available:

Dr Alan Karibian, Paediatrician

US Board Certified Paediatrician with 20+ years of experience in General Paediatrics, Subspecialty Care, Paediatric Emergency Room Care and Paediatric Inpatient Care. MSC Tropical Medicine and International Health. Dr Alan is well known in Addis for his genuine care for his patients and knowledge of Ethiopia as well as its health risks. He speaks fluent English and Amharic.

Dr Saba Lambert, Family Medicine

UK Certified GP from The University of Dundee Scotland with 13+ years of experience working as a family physician in a range of settings along with special training in reproductive healthcare and tropical medicine. Dr Saba is well known in Addis for her warm personality. She speaks several languages including French, Italian, Spanish, Amharic, Tigrigna and English.

Dr Andrew Janssen, Family Medicine

US Board Certified Family Physician previously living in rural Oregon with over 12+ years of experience working in adult, paediatrics and emergency medicine as well as obstetrics. He also teaches in the residency programs at the Addis Ababa and St. Paul's Universities. He enjoys helping patients of all ages with both chronic and acute medical and mental health concerns.

***See "Services" in this guide for more recommendations.**

Useful Contacts

Almost everything you need to find can be found in Addis, but you will have to look. This list of useful contacts may make your search easier. Please remember when allowing people into your home they are trusted. The following businesses and people have been tried and tested:

Amharic Language Classes (for both children and adults)

- Dawit Lambebo 0911-662-063 (also does translations)
- Takalign Girma 0913-297-895 scithg23@gmail.com

Art Galleries

Laphto Art Gallery

0911-881-814 or 0911-702-876

Lela Art Gallery

0911-300-756 or 011-653-5506

Makush Gallery

011-562-6848 or 011-552-6855

St. George Interior Decoration & Art Gallery

011-551-0983/8103 or 0911-201-097

Automobile Repair/Mechanics

- *African Lakes* 011-123-2363/64
- *Ato Alemayehu Mersha* 0911-212-178 (is proven to be honest and knowledgeable and speaks great English)
- *Mias Garage* 0911-207-763
- *NOR Automotive Mechanics* 011-551-2922

Beauty, Barbers, Hair Dressers, Masseuses and Spa's

- *Black and White Salon* on Mazoria Road 0911-646-163
- *Boston Day Spa* on Bole Road 011-662-3605 or 0911-091-185 www.kurifturesortspa.com
- *Byogenic* www.byogenic.com
Three locations:
 1. Laphto Mall 0935-401-008
 2. Rainforest at Radisson Blu Hotel 0914-317-072
 3. Sunshine Compound 0929-907-467
- *Capital Hotel and Spa* in Bole 011-667-2100 <http://www.capitalhotelandspa.com>
info@capitalhotelandspa.com
- *Ermiyas Beauty Spot* at Ghion Hotel 0911-127-031

- Hanna (massage therapist) 0911-764-086 - comes to your house with her own massage table
- *Hilton Beauty Salon* at the Hilton Hotel 011-551-2533
- Hiwot Bislanta (massage therapist) 0912-284-502
- *Mente's Hair Salon* at Eilily International Hotel 0911-130-114
- *Oasis Spa* (Bole) – Contact Mimi at 011-663-1284 or info@oasisaddis.com
- *Suzanne's* in Old Airport 0911-616-814
- *Tilla Spa* in Kazanchis 0946-701-125 info@Tilla-Spa.com

Books

- Book World - 011-1655-9010/13 <https://www.facebook.com/BookWorldET/>
has the most extensive range of English books with several locations around Addis.

Butcher

- Prime Meats - 0930-291-722

Camping/Sleeping bags/Tents

- *Addis Fana* (located in the Ethof Building in Piassa)
011-155-0100

Caterers

- Belvedere
0911-307-468 or 0911-686-787 belvederaddis@gmail.com or ulibra@yahoo.com
- Jupiter International Hotel
0929-500-781 or email catering@jupiterinternationalhotel.com
- Lime Tree Café
0960-225-252 www.limetreeaddis.com
- Radhika (Vegetarian Indian food)
0912-633-459

Cell Phone Repair

- Mesfin - 0910-020-252 (near Dembel)
You will need an English/Amharic speaker to translate for you.

Chinese Medicine

- Dr. Roberto Baglio comes highly recommended for Chinese medicine, acupuncture, Tuina, treatment massage, relaxation massage, rehabilitation and reflexology. His office is located at Andinet Square, opposite National Theatre, above Shi Solomon Supermarket. The entrance is located next to the stationary store. Contact him directly at: 011-551-2525 or 0913-573-421.

Cinemas

- Edna Mall 011-661-6278 <https://www.facebook.com/ednamatticinema/>

Clinics & Hospitals

American Medical Centre

Main number: 011-667-8000/04/07 or 0919-198-0287

Brook Medical Clinic

Main number: 011-551-3435

Korean Hospital

Main number: 011-629-5422/27

Emergency Room: 011-629-4602

Nordic Medical Centre

Main number: 0960-135-024

Ambulance: Dial 8901

Inside ICS call 092 910 5651

Red Cross

Main number: 011-515-0608

Sussie Clinic

Emergency 24/hr on call: 0921-787-120

Paediatrics: 011-416-1649

Adults: 011-467-2047

Tebita Ambulance

Dial 8035 or phone 0911-641-609 or 0911-225-464

Clubs, Societies & Cultural Institutes

Alliance Ethio-Française

0911-247-354 or 011-156-9893/92 <https://www.allianceaddis.org/en/>

info@allianceaddis.org

British Council

011-662-0388

Ethiopian Visual Arts Association

0911-646-862 or 0911-711-369

Goethe Institute

011-124-2345/46

Juventus, the Italian Club

011-551-6464

Italian Cultural Institute

011-155-3427 http://www.iicaddisabeba.esteri.it/iic_addisabeba/it/

Toastmasters offers a supportive and positive learning environment to practice and develop communication and leadership skills. There are several groups that meet in Addis at the Global Hotel and Wabe Shebele Hotel. Meetings are twice per month, every other Wednesday. Call Alula Pankhurst at 011-112-6029 for more information. Contact person for Wabe Shebele Hotel is Fekadu Melese, 0911-404-810 or fekadu.soarlikeeagle@gmail.com.

For Global Hotel group, contact Samrawit at 0911-206-976.

Computer Services

- Impact Technologies Maintenance (next to brass hospital) 011-663-1966/76
- Kid-Tek (Bole Road, opposite Dembel Centre) 011-554-0857/58/59
- Quality Computers (Haile Gebreselassie Road) 0911-225-063
- Snap Computer Centre (Bole Road, Alem Building) 011-662-3040/41

Cooking Classes

- *Lime Tree* Master Cooking Class Phone 0947-316-969

Couriers

- DHL 011-662-1600 or 011-661-3569
- EMS 011-515-2072
- UPS 011-662-1308

Curtains

- *Addis Décor* 011-155-1186 (is one of the few shops that make blinds)
- *Karibian Carpets and Curtains* 011-111-6922 or 011-111-4868
- *Suzanne's Addis Ababa* 011-372-4581 or 0911-616-814 email suzannesaid@hotmail.com

*There are also loads of stores in Piassa, just take a walk around near Karibian.

Dentist

- Dr Yahiya Seid 011-156-6521 (Gojeb Dental Clinic)

Dermatologist

- Dr Fuad Temam 011-629-8904

Doctors

- See "Clinics & Hospitals"

Dry cleaners

- *Hilton Dry Cleaning* 011-551-8400
- *Sunshine Dry Cleaners* 011-515-5301 or 011-551-2444 (many locations around Addis, call to find the one nearest to you)

Emergency numbers

- Ambulance 8901 (Nordic Medical Centre)
- Ambulance 907 (Red Cross)
- Fire Brigade 912
- Police Information 991

Entertainment/Children's Parties

- Birthday Cakes, St Honore Pastry 091-682-3177
<https://www.facebook.com/Sthonorepastry/>
- Birthday Cakes, Sweet Pea 0929-099-137 jasper.noelle@gmail.com
- Bouncy house Marie Birhanu 0911-120-526 – well known in ICS as he is fantastic with children and also supervises the bouncy house.
- Bouncy house Safari Sport – expensive but they have larger bouncy houses good for a larger number of children.
- *DJ Anty* (Anteneh Regassa) 0911-664-437 or 0911-414-444 (plays all sorts of music from Indian music to Latino music to international and of course, Ethiopian music.
- *DJ Yonatan* 0911-450-300 (for birthdays, home parties etc).
- *Dream Circus Ethiopia* dreamhats@yahoo.com contact Seife at 0911-311-391 or Tsegaye at 0913-019-624.
- Nahutiz Kid's Events Organizer 0920-158-394

ENT

- ENT Specialist Dr Bedri 011-850-2473

Ethiopian Artisans, Clothing, Scarves and Fabric

- *Entoto Artisan*
0912-605-468 or 0911-404-145 bethlehem.founder@entobethartisan.com and www.entotobethartisan.com
- *Lila Products*
0912-445-645 lilaroducts@gmail.com www.lilaproducts.com

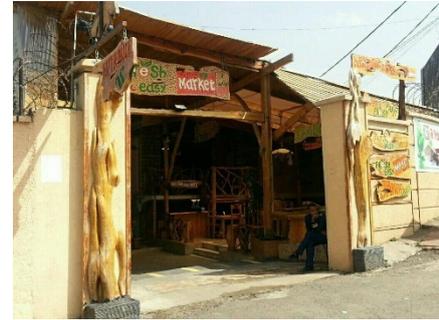
- [Lomi Fashion](#)
0913-879-472 or 0912-479-480 lomi.addisfashion@gmail.com www.lomi-addis.com
- [Menby Luxurious Ethiopian Fabrics](#)
011-470-0213 or 0911-314-287 menbys@gmail.com www.menbysdesign.com
- [Muya Ethiopia PLC](#)
Unique Abyssinian Crafts such as shawls and pottery (located near the US Embassy)
011-544-4350 or 011-123-4015 muyaethiopia@ethionet.et
- [Negist - Sammy's Handmade in Ethiopia](#) (located right behind ICS)
011-372-8080 www.negist.net or samabdella@yahoo.com
- [Sabahar Handmade Ethiopian Textiles](#) (Old Airport)*Fair Trade Organisation
011-321-5112/3 sabahar@gmail.com and <http://www.sabahar.com/>
- [Salem's Ethiopia](#) (near Edna Mall)
0911-529-682 or 011-618-5604 info@salemethiopia.com or
<http://www.salemsethiopia.com>
- [Trio Craft PLC](#)
011-440-0752, 011-140-0752 or 0944-067-795 kassaelsal@gmail.com or
www.triocraftethiopia.com

Fitness (including Exercise classes, Gyms and Yoga)

- Body Wise Fitness Centre (at Adam's Pavilion) Aerobics, Yoga and Salsa
www.bodywisegroup.com
- Bole Rock Swim and Fitness Centre 011-618-8717 or 0911-539-669
- Capital Hotel and Spa has a well-equipped 5-star gym 011-667-2100 / 011-619-2000.
www.capitalhotelandspa.com
- Fitness Room (at Hilton Hotel) 011-517-0000
- Hiking, Yoga and Mindfulness retreats; shegabeing@gmail.com
- Ker Fitness (Old Airport) 011-320-6102
- Rock Bottom (at Ibex Hotel Road) www.rockbottomgym
- Stay Fit Addis with Bez 0912-600-349 bezabeh@icloud.com
- Swasthy Addis for Yoga info@swasthyaddis.com
- Tony Lowe, British Personal Fitness Trainer, professional service for all health and fitness requirements 0910-512-824 or antony.lowe@mac.com
- Tulsi Yoga 011-896-0822 www.yogainaddis.com
- Vigour Fitness (in Laphto Mall, Old Airport) www.laphto.com
- Yoga Meditation Instructor & Personal Trainer 0913-280-088

Fruits and Vegetables

- Fruit and veg stands are located all over Addis. There are quite a few within a block of ICS. Just ask someone to point you in the right direction.
- Send Betty a text 0947-385-529 and she will send you back a message of what veggies she currently has in stock. Place an order of minimum 3kg and have it delivered fresh from the farm to your door step!
- Right Fresh Farm, drive though shop has good range of veggies and fruits 011-835-3528 (other food is also available)
- Fresh Corner, several all over Addis including one now in Old Airport.



Furniture

- Sini Furniture Interior Design 0913-894-586 or 0966-689-990 www.sinifurniture.com
 - Zamani Furniture and Furnishings 011-663-0021
- *Loads of places around town, just keep your eyes open

Guest Houses

- See "Settling In" earlier on in this guide.

Gynaecologist

- Nordic Medical Centre 0960-135-024
- Kadisco General Hospital [011-629-8902](tel:011-629-8902)/03/04 or Kgh@kadcogroup.com

Hospitals

- See "Clinics & Hospitals."

Jewellery & Gemstones

- Anne Silver 0911-434-238 or 0911-374-743 ras_mulugeta@yahoo.com (ras underscore mulugeta)
- MGHH Gemstones & Jewellery 0191-137-469 hareg629@gmail.com
- Orbit Ethiopia, Salsawit Tsega 011-859-1438 or 0911-238-696 salsawit@orbitminerals.com
www.orbitminerals.com
- T & H Designs, Haimanot 0913-472-639 or Tigist 0911-977-486 www.tanddesigns.com

Maintenance (including Carpentry, Fabrication, Painters and Plumbers)

There are a million and one plumbers, electricians and carpenters around town, but it can be difficult to find ones who are reliable and that do quality work. It is always best to use someone that is reputable.

These are some suggestions from previous and current ICS families:

Ato Fantaya 0911-176-300	Electrical and carpentry
Binijam 0912-193-240	Electrical
Ezra 0911-425-838	Handyman – “ A general all-rounder is Ezra is becoming well known in the ICS community for being honest, reliable and efficient.”
Mesfin 0911-436-374	“Well known throughout the ICS community, Mesfin does carpentry, handy man jobs including reupholstering furniture.”
Sammy 0911-220-980	Welding, carpentry and general home renovations
Tamrat 0911-670-891	Carpenter, handyman and painter

Movers

Dispatched International Logistics PLC

Alazar Getachew

011-868-5032 or 0930-329-532

www.dispatchedlogistics.com or admin@dispatchedlogistics.com

Museums

Institute of Ethiopian Studies (IES)

011-123-1068

The Modern Art Museum/Gegre Kristos Desta Center

011-122-1469

Music

Piano and Violin tutor	0968-597-742 or 0926-800-838
<i>Platinum Records (Piassa)</i>	0912-602-223 or 0913-604-950 - CD's, local and international.
<i>Take Five Music Instruments</i>	0938-390-000 or 0940-410-000 – Keyboards, mixers, trumpets, drum sets, amplifiers, tambourines, etc. They also stock spare parts.

Orthopaedic Surgeons

- Cure Hospital 011-122-7580/20 (only Ethiopians may seek treatment here)
- Dr Biruk L Wamisho 0911-232-507 lbiruklw@yahoo.com www.birukorthopead.com
- St Yared Hospital Dr Guetahoun Yetbarek - Emergency number 0944-731-793

Pharmacies – there are hundreds of pharmacies around Addis, but here are a few suggestions until you find a local one:

- Ghion Pharmacy 011-551-8606
- Lidet Pharmacy 011-372-9292

Photographer

- Bruk Amsalu Professional Photography 0911-259-408 brukmasla5@gmail.com

Physical Therapy

- Paragon Physiotherapy and Sports Medicine Clinic
011-372-2829/30 or 011-862-3626 (In front of the Vatican Embassy in Old Airport)

Recreation

Golf

- Addis Ababa Golf Club 011-320-1892 or 011-371-3062
- British Embassy Compound 011-661-2354

Horseback Riding

- Addis Ababa Equestrian Society (Old Airport) 0913-904-662. Contact Ashenafi at bashenafi91@gmail.com
- British and German Embassy Compounds (restricted membership)
- Italian Embassy Stable (on Entoto)

Swimming

- Aqua Club (Laphto Complex in Old Airport) www.laphto.com
- Capital Hotel and Spa www.capitalhotellandspa.com 011-619-200
- Ghion Hotel (+ play area for children) 011-551-3222/0115151161
- Harmony Hotel (indoor pool) 011-618-3100
- Hilton Hotel 011-551-8400
- ILRI (+children's playground) Membership Only 011-617-2642
- Sheraton Hotel 011-517-1717

Tennis and Squash

- Ararat Armenian Club 011-111-3572
- Ghion Hotel (tennis courts) 011-551-3222/
011-515-1161
- Hilton Hotel (tennis and squash courts) 011-551-8400
- ILRI (tennis and squash courts) Membership Only 011-617-2642
- International Tennis Club* (near Laphto Mall, Old Airport) 011-320-0145
(*at the date of printing this guide it is currently under construction)
- The Greek Club 011-553-0485

If you are an ICS family, you will have access to the sports pavilion, track and other facilities on campus.

Security Agencies

- Assefa Leggesse 0930-014-069
- Redu General Service 0911-219-633

Schools

- See "Settling In"

Theatres

- Candle Theatre 011-155-6515
- Children & Youth Theatre 011-112-8603
- National Theatre 011-551-4577 or 011-551-4500

Vets

- Dr Dawit 0911-247-335
- Dr Nadi 0920-661-644
- Dr Shenkut 011-551-9427
- Dr Sisay 0911-410-020
- Dr Zebu 0911-206-138



Most the above mentioned Vets can help with the logistics of bringing your pets into Ethiopia as well as prepare them to leave the country. Please contact them directly for more guidance.



PCL TIP! Remember that everyone has their own experiences with different Vets; therefore, reports may conflict or vary on 'who' is the best to use.

The PCL would like to extend the "Useful Contacts" section, so please feel free to send names, services and contact details of people and businesses you recommend to:

pcl@icsaddis.edu.et

Places of Worship

Apostolic Nunciature: Mass no longer offered. Offers catechism classes for children. The Holy See in Addis Ababa serves as the Apostolic Nuncio for Ethiopia, Eritrea, and Djibouti. Phone 011-371-2100.

Bahai Center: Located in Bole, off the European Union (EU) Road. English language service is held 11 AM on Sunday. Phone 011-618-1372.

Beza International Church: Located at the ring road between Imperial round about and Megenegna. Directly behind Kal building opposite to Ethiopian Quality Standards Building, Beza International Church holds English and Amharic worship services every Sunday.

Eastridge Church Addis is a community of Christ followers that exist to love God, connect people, and transform our world by making disciples and planting churches. There is something for everyone in the family at Eastridge. You can find out more about Eastridge and all of our upcoming events on our Facebook page and Instagram as well as at eastridgetoday.com. English services Sunday's at 9 AM or 11 AM. Location: Bole Medhanealem area, behind Edna Mall, near Bole Rock.

German Evangelical Church: Located near Siddist Kilo. Location: From the Embassy turn left at Siddist Kilo, then take the second right at the gas station. The church will be on the right side of the road. Phone 011-122-3764, 011-122-3779 or 0911-217-648. Services in German only.

Holy Savior Catholic Church: Located in front of the Telecommunications Office on Churchill Road. English language services are held at 10 AM Sundays. Phone 011-515-7508.

International Evangelical Church: Services in English are on Sundays at 9 and 11:15 AM. Located on the road that runs between Mexico Square and Pushkin Square (Adams Pavilion). The Evangelical Church has Sunday school classes for all ages (Adults 10 - 11 AM, and English classes for children during the 11:15 AM, service.) 011-371-0013.

International Lutheran Church: Located near Mexico Square next to Amestegna Police Tabia (5th Police Station). Turn right at Mexico Square, drive up to the 2nd cross road and turn left. The Church is on the left side after the Police Station. The building is shared with Ledeta Lutheran Church. English services are held at AM on Sundays. Pastor Doug. 0915-953-083.

Jewish Center Chabad Ethiopia: Located in Kirkos area. The Chabad in Ethiopia will provide the following services: library services, serve Kosher food every day at 7 PM as well as Chabad dinner; Torah lessons at the Synagogue; lodging with prior notice. Contact Elyahu and Devora Chaviv at ChabadEthiopia@gmail.com 0936-809-938 or 0936-679-163.

Seventh Day Adventist: Located on the same street as the Ghion Hotel. English Language services are held on Sunday at 9:30 AM Phone 011-321-1199.

St. Matthew's Anglican Church: St. Matthews is north of Arat Kilo, near the Sandford School, on the road that leads to the British Embassy. Sunday services in English are at 8 AM. for Holy Communion and 10:15 AM for sung Eucharist and Sunday school. There is also a 5 PM service in Amharic. Phone 011-123-3260 or Rev. Roger Kay 0910-156-058 or rogerjkay@gmail.com .

The Church of Jesus Christ of Latter Day Saints: There are two branches in Addis Ababa, Bekelobet and Meganagna.

UN/ECA Mosque in UN/ECA compound: Friday prayers are from 12:30 -1:30 PM. For information call Gassana at 0911-202-661 or Nasru 0911-615-680.

Shopping

Shopping is becoming easier as the years go by, but prices are climbing. Ask any expat and the first thing they will tell when shopping in Addis is that when you find something you like, stock up! You can get appliances (blenders, toasters, kettles, etc.), crockery and cutlery from any of the supermarkets listed below:

Supermarkets

- All Mart (various locations)
- Bambi's (Bole) 011-550-5584
- Fantu (Bole) 011-662-6562
- Fantu (Old Airport) 011-371-8741
- Friendship (Bole) 011-663-9841
- Garda (Lebu) 011-844-9112
- Novis (at Hilton) 011-553-3056
- Safe Way (several locations) 011-647-9805 or 011-647-9545
- Shi Soloman 011-551-7095
- Shoa (several locations) 011-550-6104

Malls

- Dembel (City Centre) 0929-040-760
- DH (Geda Tower) 011-662-8441
- Edna Mall 011-166-16870 <http://www.ednamall.co/>
- Friendship City Centre 011-662-8441
- Getu Commercial 011-554-0795
- Mafi Mall 011-662-6811
- Morning Star Mall 011-661-2334
- Zefmesh Grand Mall 011-667-4444

Restaurants, Pubs & Clubs

Restaurants in Addis open and close all the time. Below are some of the popular choices within the ICS community. (Not listed are the hundreds of coffee shops, ice cream parlours

and pastry shops dotted all over Addis). For a more extensive list of suggestions, check out www.whatsoutaddis.com

For home food delivery service, check out →
www.deliveraddis.com



Restaurants

Acrobanelo	Convenient Location, good food.	Phone 011-371-3257
Africana	African food. Great atmosphere. Festive on a Friday evening. Off of South Africa in Old Airport.	Phone 0911-225-155
Aladdin Restaurant	Serves the flavours of Lebanon, Turkey and Armenia and is well-known for the grilled meat, humus and tabbouleh. It also has fantastic pizza. Open daily. Lunch served at 12 PM and dinner is at 7 PM. Located off of Bole Rd near the Japanese Embassy Residence.	Phone 011-661-4109 Facebook https://www.facebook.com/Aladdin-Restaurant-524488150936365/
Amsterdam Bar and Restaurant	European food including many vegetarian dishes, barbecue. Well known for great steaks and cold beer.	Phone 0911-443-128 or 0911-935-648, 0911-516-178 Facebook https://www.facebook.com/Amsterdambarandrestaurant/
Antica	Great pizza, barbecue, and a variety of Continental cuisine.	Phone 011-663-4841 or 011-661-5815 Facebook https://www.facebook.com/pages/Antica-Bar/249328261920383

Avanti Restaurant and Wine Bar	Fine Italian food in a nice setting just off Bole Road (between Tele-Bole & Bole) near the Republic of Mozambique Chancery and Millennium Hall.	Phone 011-862-2632 or 0912-086-174
Bake & Brew	A choice of fresh foods, from light bites to salads, brunches, cookies and cakes. Breakfast is served Mon-Friday 7:00 -11:00 AM and on Sat & Sun all day; Brunch served all day Sat & Sunday. Lunch all day, every day. They also have a co-work space upstairs.	Phone 011-835-9698 bakeandbrewaddis@gmail.com or Facebook www.bakeandbrewaddis.com
Caesar's Court	French Chef, Continental cuisine.	Phone 0912-641-197
Castelli's Restaurant	This famous Addis restaurant is a city landmark. Castelli's features a good selection of authentic Italian food served family-style; the presentation is excellent. Reservations are suggested. Located in the Piazza on Arada Road. Owners and many of the staff members speak Italian. Closed Sundays; Lunch starts at 12 PM and diner is at 7 PM.	Phone 011-157-1757 or 011-156-3580 Facebook https://www.facebook.com/pages/Ristorante-Castelli-Addis-ababa/230715623605957
China Bar	Good Chinese food. Closest to "American" style. Most dishes are good. Opens at 6:00 PM, 7 days a week. Off Meskel Square, next to Ghion Hotel.	Phone 011-551-3772
Clay Pot	Near Gergi. Well-known for their Korean Fire beef, pepper steak. Live music.	Phone 0931-312-199 Facebook https://www.facebook.com/CLAYPOT.ADDIS/

Dimma Cultural Restaurant	Good traditional Ethiopian food, good performances. Small rooms are available on the side as well. Conveniently located in Old Airport.	Phone 011-320-0022 or 0911-028-053 Facebook https://www.facebook.com/Dimma-Cultural-Restaurant-311943692156629/
Effoi Pizza	Good pizza, good atmosphere. Several locations.	Facebook https://www.facebook.com/effoipizza/
Five Loaves Bistro and Bakery	Very popular with expats. Aware Roundabout. Known for Deli, pastries and sandwiches.	Phone 0913-576-818
Four Seasons	AU, next to St Michael Church. Japanese, Thai and Pakistani food. Great selection.	Phone 0913-549-750 Facebook https://www.facebook.com/Four-Seasons-Restaurant-Addis-Ababa-1582438748710317/
Fusion Bistro	Near Saro Mara Hotel. Known for Mediterranean and Asian dishes.	Phone 0910-005-151 Facebook https://www.facebook.com/FUSIONBISTRO/
Greek Club	Old time place, off Olympia Road behind Bambi's grocery store. Spacious outdoor and terrace sitting areas. Playground and old basketball court for bike riding. Popular with families.	Phone 0115-530-485 Facebook https://www.facebook.com/pages/Greek-Club-Addis-Ababa/330512693639087
Gusto Ristorante/Restaurant	Fine Italian food in a first-world setting. You will feel as though you are not in Addis. Located on the third floor of the Tracon Towers on Churchill Road. Lunch from 12:15 - 2:30 PM and dinner 7:15 - 10:30 PM	Phone 0111-262-126 or 011-126-2182 Website www.gustoaddis.com Facebook https://www.facebook.com/gustoaddis/
Instabal Restaurant	Great Turkish Food. Located in Bole.	Phone 0910-174-728

Jewel of India	Serves authentic Indian and Indian-style Chinese cuisine cooked with spices imported from India. Open daily.	Phone 011-551-3154 or 0911-200-230
Keli's Gourmet Burger	Amazing choices for breakfast and Gourmet burgers.	Phone Kazanchis 0983-832-277 Bole 0946-707-892 Website https://kelisgourmet.com/
Kuriftu Diplomat Restaurant	Has a monthly changing menu for which it flies in foreign chefs. Located in the Boston Partners building. Open daily 12 to 3 PM Comes highly recommended.	Phone 011-662-3605 or 0920-959-697 Facebook https://www.facebook.com/Kuriftu-Diplomat-Restaurant-116626408477696/
La Mandoline	French cuisine. Near Mickey Leland Street, Urael, Addis Ababa.	Phone 0921-328-507 Facebook https://www.facebook.com/pages/La-Mandoline/203713359691999
La Petite France	Known for Foie Gras and duck. In the Alliance Ethio-Française compound, across the street from Loti restaurant. Closed on Mondays.	Phone 0913-784-418
Loving Hut	Vegan Restaurant, Great food.	Phone 011-667-0595 Facebook https://www.facebook.com/lovinghut.addisababa.ethiopia/
Makush Restaurant	Located on Bole Road on the second floor of Mega Building. Nice Italian food, pleasant ambiance. Open every day 10 AM - midnight.	Phone 011-552-6848 or 011-552-6855 Phone https://www.facebook.com/makushartgallery/
Mama's Kitchen	Fantastic steak. Several locations.	Facebook https://www.facebook.com/MamasKitchenAddisAbaba/

Mamma Mia	Known for the good Italian dishes. Located Beside Meles Zenawi Foundation in Kazanchis. Outside seating in a garden.	Phone 0929-002-218 Facebook https://www.facebook.com/MammaMiaAddisAbaba/
MK's Restaurant and Bar	Burgers, sandwiches, steaks, good salads, and crepes. Located on Bole-Tele, in front of Sheger House (building).	Phone 0927-727-108 or 0912-186-001
Parkdale Burger	Well known for great burgers. Behind GH Tower.	Phone 0939-757-575 Facebook https://www.facebook.com/parkdaleaddis/
Rainbow Korea Restaurant	Serves Korean, Japanese and Chinese food. Open seven days a week. Located on Bole Rwanda Embassy Road. Turn left past Bole Clinic, Korean Rainbow Restaurant will be on the left after Bazart Pan African Gallery.	Phone 011-663-7964
Rodeo Bar & Grill	Good American-style steakhouse. Great food. Located in Bole heading to Bole Airport across the street from Shoa supermarket.	Phone 0911-246-320 or 0911-212-03 or 011-551-0294 Facebook https://www.facebook.com/pages/Rodeo-Restaurant/189687627854840
Sangam Restaurant	Serves North and South Indian food in authentically decorated rooms. Open seven days a week. Located on Bole Airport Road, next to Mobil and across from Shell.	Phone 011-551-8976 Facebook https://www.facebook.com/Sangam-Restaurant-101985546820567/
Santorini Greek Restaurant	Good Souvlaki and Moussaka, Near Greek Embassy.	Phone 0911-908-533 Facebook https://www.facebook.com/pages/Santorini-Greek-Restaurant-Addis/566154466889602

Savor Addis	American style pancakes and French toast. Good food.	Phone 011-667-0655/56 Facebook https://www.facebook.com/savoraddis/
Sichuan Restaurant	Known for sizzling beef, popular with expats.	Phone 0911-603-926 or 0912-617-306 Facebook https://www.facebook.com/sichuanrestaurantaddisaba/
Sishu Restaurant	Great burgers, Philly cheese sandwiches and French fries. Wonderful ciabatta and French loaves. Located in Kera area behind Workies Promise Building in GM furniture warehouse.	Phone 0911-145-358, 0920-061-063 or 0930-034-150 Facebook https://www.facebook.com/pages/Sishu/166152870210094
The Addis Carnivore	BBQ pit in the centre of the restaurant and salad bar. Located on Haile Gebre Sellasie Road. Coming from Meskel Square, it is on the right side of the road before Bambi's grocery store.	Phone 0911-203-301
ViaVia Travellers Café	Popular for Quiz Nights and street food style cooking, Convenient location in Bole.	Phone 0927-084-046 Facebook https://www.facebook.com/ViaViaAddis/

Pubs & Clubs

Blackrose	Phone 0911-513-984 Facebook https://www.facebook.com/Blackroseaddis1/
Club H2O	Phone 0929-040-760 Facebook https://www.facebook.com/h2oaddis/
Flirt Lounge	Phone 0961-040-506 Facebook https://www.facebook.com/flirtloungeaddis/
HQ Irish Pub	Phone 0964-909-090 Facebook https://www.facebook.com/thehqirishpub/

Jolly Bar	Phone 0930-004-058 Facebook https://www.facebook.com/jolly.bar.7/
Stockholm Elegance Lounge	Phone 0911-094-075 Facebook https://www.facebook.com/elegancelounge/
V Lounge	Phone 0911-762-063 Facebook https://www.facebook.com/h2oaddis/
Viking Bar & Restaurant	Phone 0942-558-425 Facebook https://www.facebook.com/vikingbaraddis/

Family Activities

Below are the two main playgroups recommended by ICS families:

(1) Bole Playgroup

addis.bole.playgroup@gmail.com

Children from new-born up until 6 years old

Afternoon session meets on Tuesdays 3 – 5 PM

Mornings session meets on Thursdays 9 – 11 AM

Houses rotate weekly

Look up their Facebook group “Bole Addis Ababa Playgroup”

(2) Old Airport Playgroup

oldairportplaygroup@gmail.com

Children from new-born up until 6 years old

Mornings session meets on Wednesdays 9:30 – 11:30 AM

Houses rotate weekly

Look up their Facebook group “Old Airport Playgroup”

Things to Do with Children

Abyssinia Ballooning Hot air ballooning

<http://www.abyssiniaballooning.com/>

info@abyssinaballooning.com 0926-845-086

Addis Family Getaway 011-557 8988 or 0929-041-182

www.addisfamilygetaway.com



Addis Hiking <https://www.facebook.com/Addis-Hiking-group-1569849683239908/>

Addis Skate Park is located in Bistrate Gebriel in Old Airport and is built to professional standards. It is 650 sqm and has all the necessary ramps and obstacles for training and recreation. Ask any local in the area and they will direct you there.



Adulula Resort in Debrezeit has a lovely children's play area with a trampoline, splash pool, slides, swings and various art rooms/lego rooms 0911-491-050 or 0931-520-656
<http://www.adulala-resort.com/> info@adulala-resort.com

Africa Park (opposite Hilton Hotel)

Bobs and Bongos (Edna Mall) www.ednamall.co/bongos.php

Born Free is a lovely day out and a chance for kids to see cheetahs, lions and other animals. Phone 0911-406-483 to book beforehand <http://www.bornfree.org.uk/about-us/born-free-ethiopia/>



Fekat Circus 0911-396-121 www.fekatcircus.com



Football/Soccer Programmes run throughout the year with Coach Yohannes. Contact his wife Cara to find out more cara.yadagne@gmail.com

Garden Court in Bole has a small play area for children between the ages of 3 - 6 years old.

Ghion Hotel has a play area for children consisting of a bouncy house, climbing equipment, car rides, mini boat rides.

Go Karting in Debrezeit.

Hilton Hotel has putt-putt/Mini Golf and a playground.

Juventus has pizza and trikes on Friday evenings. They have a jumping castle. Kids bring and/or share bikes, roller skates etc. Get there around 5 PM.

Liesak Resort has a small play area and the food is worth the trip 0933-858-584
www.liesakresort.com reservation@liesakresort.com

Mountain Biking though Entoto and Lebu, contact Issabella to join the group 0944-168-360

Open Air Cinemas located at various hotels throughout Addis (i.e., the Ghion Hotel). Like “Addis Social Klub, ASK” on Facebook or download the app “Events Ethiopia” for adverts.

Safari Sports have pop up events throughout the year, like their Facebook page for notifications <https://www.facebook.com/Safariaddis/>

Sheraton Hotel has a playground and pool for the kids.

Spur restaurant in Bole has a small play area for little children and TV games for older children.

The Golf Club in Old Airport has a playground. Kids can also play around the grass area at the restaurant which serves fantastic pizza.

The Greek Club has a court where kids can ride bikes. There is also a small play area, but take the kids bikes or scooters.

Water Park - A water park is in the pipeline to be built Debrezeit.

YaYa Village (horseback riding and playground) 011-896-1346

Exploring Ethiopia

Churches of Historical and Cultural Interest

Entoto Mariam Two churches, Entoto Mariam and Entoto Raguel, stand on the original site of Addis Ababa, and can be reached by traveling north past the U.S. Embassy to the top of Entoto Mountain. Both churches are open for services on Sunday mornings. If you do visit, it is customary to leave a donation. Entoto Mariam was built in honor of Empress Taitu and was the site of the coronation of Menelik II. The grounds surrounding the church are lovely and wooded with cedar trees.

Entoto Raguel To reach Entoto Raguel, go past Entoto Mariam and stay on the main road. Entoto Raguel is one mile beyond on the left, just past the microwave relay station. The second floor of the church houses traditional paintings. A small fee is required to take a tour. From the top of Entoto on a clear day, one can enjoy wonderful vistas of the city. Mt. Zuqualla, an extinct volcano, dominates the horizon. To the left beyond Mt. Erer, there is the edge of the plateau before it drops off into the Rift Valley. To the right is the peak of Mt. Wuchacha and next to it the smaller Mt. Menagesha. Parking is available at the overlook, where there is a small art gallery and refreshment stand.

Holy Trinity Cathedral This is the most magnificent church in Addis Ababa. Its large dome and slender pinnacles are important city landmarks. Empress Menen is buried here while the churchyard is the burial ground of many patriots who lost their lives during the Italian

Occupation (1936-1941). Sylvia Pankhurst (1882-1960) an Englishwoman devoted to Ethiopia is buried in the front of the church. To find this church, travel uphill on the road leading to the Embassy and turn right at the road immediately before Arat Kilo.

St. George Cathedral St. George is the patron saint of Ethiopia. St. George Cathedral was built in 1906 by Menelik II to commemorate Ethiopia's victory over Italian invaders at the Battle of Adwa in 1896. Located on Menelik II Square, the cathedral has an octagonal shape with a high dome. The walls are covered with national and religious paintings and murals. The noted Ethiopian artist Afework Tekle created the tile mosaics in the church. The cathedral is open to visitors.

St. Stephen's Church This contemporary style church is open to visitors and is located on Meskel Road.

The Church of Kidist Mariam It serves as the Patriarch's Chapel and is particularly interesting because of its paintings and bell towers.

The Grand Mosque (Al Anwar) Located in the Mercato area, the Grand Mosque was built in 1922. Al Anwar is the city's largest mosque and an important landmark in the Mercato.



Buildings of Interest

Addis Ababa Stadium Built in 1968 and located in Meskel Square, the Stadium has a seating capacity of 36,000. Athletic competitions and concerts take place in the stadium; the National Soccer team plays there most Sundays.

Addis Ababa University Located on the left of Entoto Road, just after Siddist Kilo heading toward the American Embassy compound, the University is housed in the Genete Leul (Prince's Paradise) Palace that once belonged to the late Emperor Haile Selassie. The gardens have fine old juniper and palm trees. The second floor houses the Ethiopian Studies Library and Ethnological Museum. The John F. Kennedy Library, built with USAID funds, is also located on the grounds.

Africa Hall Located just north of Meskel Square on the right side of the road that leads to the Hilton Hotel. This is the headquarters of the United Nations Economic Commission for Africa (ECA). Dominating the foyer of Africa Hall is a bold, modernistic stained-glass window by Afework Tekle that depicts Africa, past, present and future. Tours of Africa Hall can be arranged by calling the ECA Information Office.

City Hall (Municipality) Located on Menelik II Square, the Municipality, built in 1965, and symbolically embraces the city. It occupies a commanding position facing the railway station.

Jan Meda The Emperor's playground. Jan Meda is where Timket is celebrated. It is also where the first small engine-powered airplane landed in Ethiopia in 1920. Sports competitions are held here. Jan Meda Sport and Educational Center: Phone: 011-156-6455.

Railway Station Built by the French in 1929, the Railway Station is located at the bottom of Churchill Road. A bronze "Lion of Judah" statue stands in the square in front of the station. For a train tour, call Debebe Kassa 0911-989-293.



Talaku Betemengist/The Grand Palace (Menelik's Palace) In the great reception hall, Menelik II received the first American diplomatic envoy to Ethiopia in 1903. The compound also contains the mausoleum where Menelik, and other members of the royal family are buried. The church of Kidane Mehret, built in the traditional tukul style with a thatched peaked roof, also stands in the compound. The church accepts visitors.

The Art School was open in 1948, with 15 students. The first director of the Art School was Agegnehu Engeda, who designed the first Ethiopian paper currency.

City Squares

These are the focal points of which Ethiopians refer to as squares. Some squares have more than one name.



Abune Petros Statue Located west of the City Hall, it commemorates the martyrdom of Bishop Petros who refused submission to the Italian Occupation.

Arat Kilo, also called Miaza 27 (Liberation Day), which is located on Entoto Road, is dedicated to the patriots who fought for the liberation of Ethiopia against the Fascist Italian Occupation.



Menelik II Square Dominating this square is an equestrian statue of Menelik II, first unveiled in 1930.

Meskel Square The largest of all the squares in Addis Ababa, this square is named for the second most important festival in Ethiopia, celebrating the discovery of the True Cross upon which Jesus was crucified. A great celebration is held in the square every year on 27 September. The name was changed into "The Revolutionary Square" during the Derg (1974-91), but the original name was restored with the fall of the Derg.

Pushkin Square Located in the Old Airport area. Pushkin had Ethiopian ties. The great Russian author's mother was the granddaughter of Ibrahim, an Ethiopian prince.

Sidist Kilo also called Yekatil 12 or Martyrs' Day is located on Entoto Road. It is dedicated to the memory of Ethiopians killed following the attempted assassination of General Rudolfo Graziani, the Commander of Italian Forces in Ethiopia, on 19 February 1937.

Tekle Haymanot Square Located in front of Tekle Haymanot Church in the Piazza. Both the square and the church are named for the founder of Ethiopia's premier monastery, the Debra Libanos of Shoa, built in the 14th century. Tekle Haymanot is one of Ethiopia's most famous saints and once helped restore the Solomon dynasty. There is a statue of Tekle Haymanot in the square, which portrays him with six wings and one leg.

Tewodros Square Located on Churchill Road. The cannon seen here represents the first ever made in Ethiopia and was used by King Tewodros to fight against the British forces in 1868.

Unity Square Located in front of the National Theatre. A modern, stone-cut "Lion of Judah," work of Frenchman Morris Calka, stands there.

Museums

Addis Ababa Museum Former residence of Ras Birru, Minister of War during Menelik's time, the Museum is the large yellow mansion behind the exhibition center on top of Meskel Square. Exhibits are in Amharic but there are English-speaking guides available Phone 011-123-9739.



Baata, Menelik's Mausoleum Taaka Negest Beata Mariam Church is east of Menelik's Grand Palace (now the Prime Minister's Palace). It houses lovely wall paintings, a garden that is home to 17 large tortoises, and the burial place of Menelik, Etege Taitu, and Queen Zewditu. Phone 011-551-5278.

Ethiopian Postal Museum Located on Churchill Road, next to the main Post Office. The exhibit at the Postal Museum contains copies of every stamp ever issued in Ethiopia, the original drawings, designs and proofs of each minted stamp. Opening hours are 8:00 AM –5:00 PM. Phone 011-551-2999.

Ethnographic Museum of the Institute of Ethiopian Studies Located on the campus of Addis Ababa University near Sidist Kilo. This museum has a large collection of Ethiopian pottery, baskets, shields, furniture, jewelry, and paintings. It is the Smithsonian of Addis Ababa and features well-presented exhibits with descriptions written in English. Operating hours are 8:30 AM - 4:30 PM, Monday through Sunday. The museum does close for lunch so plan your visit accordingly. Entrance fees: Adults 50 birr and students 30 birr. <http://www.aau.edu.et/ies> Phone 011-123-9739. Director's Office 011-123-1068.



National Archives and Library of Ethiopia Located near the Black Lion Hospital. The library has books written in seven different languages. The second floor contains a collection of historical objects and a permanent exhibit by Afework Tekle, Ethiopia's most famous artist (passed away in 2012). Open Monday through Saturday 8 AM - 8 PM. Closed 12:00 -2:00 PM Phone 011-155-7020/551-6247.

National Museum of Ethiopia Located on Entoto Road, across the street from the Blue Tops restaurant. This museum has a large archeological exhibition with artifacts garnered from the northern Ethiopian provinces. The "Lucy" exhibit is housed here but only a replica may be seen. A collection of crowns and costumes is on display as well as contemporary paintings by Ethiopian artists. This museum is also known as the National Archeological Institute and Museum. Entrance fee is 10 birr for adults; there's no entry fee for children ten and under when accompanied by an adult. Phone 011-111-7150.

Red Terror Martyrs Memorial Museum Located on Bole Road, the museum opened in May 2010. Open Monday through Sunday 8 AM - 5 PM. <http://rtmmm.org/>

The Zoological Natural History Museum Inside the Science Faculty of Addis Ababa University, Arat Kilo. Phone 011-552-2543 ext. 186; or 0911-481-782.

Traveling in Ethiopia

Traveling in Ethiopia can be very easy and relatively inexpensive. *Ethiopian Airlines* offers flights to many places of interest; most resident rates for round trip flights within the country are less than \$150. Many places of interest within the country can be visited in just a day, so ask community members for their suggestions.

It is advisable to use a guide when traveling outside the city if you haven't organized your trip through a travel agency. Local guides can be hired at every place of interest; their wages are negotiable and should be determined before you use their services. The following travel agencies and tour operators have come highly recommended by members of the ICS community:

Dawe Emede Travel and Tour Agency Phone 011-155-7545 or 0911-204-625
Email dawemett@telecom.net.et

East African Tour Operator Phone Behakal Kibret (Beki) 0911-069-275 - for local city tours and tours in and round Ethiopia eastafri cantouoperator@gmail.com

Emmanuel Ayono Phone 011-553-0215 - A local Addis guide that comes highly recommended. An anthropology major, he is knowledgeable and speaks excellent English

Ethiopian Rift Valley Safaris Phone 011-155-2128/8591/1127- Sharing beautiful remote corners of the Murulle Omo Explorer's Lodge. Email addisoffice@ervsafaris.com

Grant Express Travel & Tours Services P.L.Co (GETTS) Phone 011-553-4379/4678 or 0911-233-289
Email getts@ethionet.et yaredbz@yahoo.com / gettsethiopia@gmail.com website
www.getts.com.et

Tesfa Tours Phone 0921-602-236 or 011-126-0301/03- offers various community trekking tours,
offering wonderful insights into Ethiopian landscapes and local culture. www.tesfatours.com
info@tesfatours.com

The Express Travel Group Phone 011-552-6670 or 011-552-6670 - located in the Hilton Hotel
Lobby Website www.expresstravelethiopia.com

Village Ethiopia: Phone 011-552-3497 -Recommended for the historical route. They operate
Belin Lodge near Awash National Park, which is a popular place to stay when traveling south
of the city. Email village.ethiopia@telecom.net.et Website www.village-ethiopia.com

Yoseph Aletaye Phone 0912-320-590, 0913-323-992 or 011-645-7416. Licensed Tour Operator:
In/Near Addis Tours. Email yosephintoto@yahoo.com website www.mayoethiopatours.com

There are so many places in Ethiopia that are worth exploring. For details have a look at
<https://www.ethiopia.travel/> and <https://www.facebook.com/EthiopiaLandoforigins>



Be Aware

Listed below are various things that you should be aware of while living and travelling
throughout Ethiopia. Please remember: DO NOT drink tap water and ALWAYS clean fruits and
vegetables with an appropriate solution.

Illnesses

Altitude Sickness: Addis Ababa is at 8,300 feet above sea level. If you have been
living at a lower altitude before you arrive in Addis, you may experience altitude
sickness. The symptoms include increased fatigue, difficulty with sleeping, nosebleeds,
headaches, nausea, giddiness and mild shortness of breath during exertion (with a

few minutes of rest, these symptoms should subside). Be aware that your feet, hands and face could swell shortly after arrival due to the altitude. Symptoms usually diminish within a week as you acclimatize.

Asthma and Allergies: Asthma patients should know that Ventolin inhalers and syrup are available in Addis, but corticosteroids inhaler is limited. Newcomers to Addis who have moderate to severe allergies, or who have a family history of severe allergic reactions, should carry an EpiPen or an EpiPen Jr for themselves or loved ones. The EpiPen is an epinephrine injection that can stop a severe allergic reaction that results in swelling of the airway passages. The EpiPen and EpiPen Jr are not available in Ethiopia.

Cholera: is an intestinal infection caused by the bacterium *Vibrio cholerae*. Like typhoid fever, cholera is contracted by eating or drinking food and water that has been contaminated by feces. The infection is spread through poor sanitation systems and has caused millions of deaths worldwide prior to the industrial revolution. There continue to be millions of cases of cholera each year; however, there are a number of precautions such as an oral vaccine travelers can take to mitigate the risk of infection.

Cholera is often accompanied by travelers' diarrhea, a common problem caused by E-coli contaminated food. During a two-week vacation, it is predicted that 50% of people may experience an episode of travelers' diarrhea. The symptoms, treatment, and protection against travelers' diarrhea are the same as those of cholera.

The symptoms of cholera include watery diarrhea, vomiting, and rapid dehydration. It can take a few hours to up to five days before the infection causes symptoms. Cholera can be fatal if not treated, and it is recommended that travelers seek immediate medical attention and drink fluids containing oral rehydration salts if cholera is suspected. Antibiotics such as doxycycline can be taken to shorten the duration of the infection.

Diarrhea: is the most common illness among newcomers. Most cases of travelers' diarrhea are mild and do not require treatment and adequate fluid intake is essential in these cases. Diarrhea can be caused by bacteria, amoebas, viral, giardia, etc. Get medical attention if you have persistent diarrhea (more than 6 times), blood in the stool, abdominal pain, fever, feel very weak, are vomiting, and lastly if you are unable to hydrate. The doctor will be able to determine the cause and give you the appropriate treatment (see "Clinics & Hospitals" for more information).

Hepatitis A: is a highly contagious disease most commonly spread to humans through the consumption of contaminated food and water. The Hepatitis A virus is found in

the feces of an infected person and can easily be transferred during unsafe food handling practices.

Foods such as shellfish, unpeeled fruit, raw salads, and ice cubes can all be carriers of Hepatitis A. The disease is common in developing countries, particularly rural areas with poor sanitation systems and lack of access to clean water. In fewer cases, Hepatitis A can also be transmitted through needle sharing, blood transfusions, and sexual contact.

Hepatitis A has an incubation period of two weeks to 50 days. Not all those infected will show symptoms of the virus, and adults are more likely to display the signs than children. When they do occur, symptoms can range from mild to severe, and can include a fever, loss of appetite, diarrhea, nausea, dark-colored urine, and jaundice.

Hepatitis B: is a highly infectious liver disease caused by the Hepatitis B virus (HBV). It is most commonly transmitted through unprotected sexual activity, or through contact with blood or other body fluids. The disease can also be spread through the sharing of contaminated razors, nail clippers, or toothbrushes, as well as unsterile tattoo and piercing needles. Hepatitis B cannot be spread through casual contact with others or through infected food or water.

Approximately 50% of people who develop Hepatitis B will never display symptoms. For the remaining half, symptoms can take from two to six months to appear, and can include any of the following: fatigue, loss of appetite, fever, dark urine, stomach pain, joint pain, and jaundice. Failure to identify Hepatitis B in time can lead to long-term liver damage.

Influenza (the flu) is a contagious disease: The flu is caused by the Influenza virus, which spreads from infected persons to the nose or throat of others. Other illnesses can have the same symptoms and are often mistaken for Influenza. Only an illness caused by the Influenza virus is really Influenza. Anyone can get the flu, but rates of infection are highest among children. For most people, the flu lasts only a few days. The virus can cause fever, sore throat, chills, fatigue, coughing, wheezing, headaches and joint pain.

Malaria: Addis Ababa's high altitude means that there is no risk of malaria in the city. However, malaria is a risk in all areas of Ethiopia where the altitude is lower than 6,500 feet (2,000 meters). Talk to your doctor about how to prevent malaria while traveling. You may need to take prescription medicine before, during, and after your trip to prevent malaria, especially if you are visiting low-altitude areas. See more detailed information about malaria in Ethiopia. Malaria prophylaxis medication is available in Addis but only Doxycycline and Mefloquine. If you want Malarone, you should bring it

with you as it is not readily available in Ethiopia. At times you can get it at the Suisse Clinic.

Measles Mumps Rubella (MMR):

Measles is a highly contagious viral disease that causes more than 150,000 deaths annually around the world. Measles associated symptoms include fever; generalized, blotchy rash; runny nose and white spots in the mouth. Transmission occurs primarily through respiratory droplets and all non-immunized travelers are at high risk of exposure outside Canada.

Mumps is an acute viral disease characterized by fever, swelling and tenderness of at least one salivary gland. Travelers' at risk of infection can be high since many countries do not use the Mumps vaccine routinely.

Rubella is another acute viral disease that usually affects susceptible individuals of any age. Rubella is prevalent worldwide and the risk of exposure outside Canada is high. Rubella is associated with significant morbidity in adults and high rates of miscarriage and anomalies of congenital Rubella syndrome if contracted in the first trimester of pregnancy.

Meningitis: is an inflammation of the lining of the brain and spinal cord that can be caused by viruses, bacteria, fungus, and other pathogens. The disease is spread through close contact with an infected person, including kissing, coughing, sneezing, or shared eating and drinking utensils. Even if you do not get infected by the bacteria, you are at risk of carrying and spreading the disease to others. There are five strains of the disease (A, B, C, Y, and W-135). The symptoms of Meningitis include a sudden high fever, headache, stiff neck, vomiting, and a rapidly spreading skin rash that produces purple and red spots. Symptoms of the disease will usually happen two to 10 days after exposure.

Meningococcal disease can be fatal in approximately 10% of all cases. While the disease most commonly occurs in children under the age of five and youth between the ages of 15 and 19-years-old, you can contract the disease at any stage of life.

Polio: short for Poliomyelitis, is a contagious disease spread in humans through contaminated food and water. The Polio virus targets the central nervous system and can cause rapidly induced paralysis and in some cases death. Travelers risk contraction if they are spending a long period of time in the handful of countries where Polio remains an endemic. While the virus is mostly spread through poor personal hygiene or sanitation conditions, the virus can also be transmitted through close personal contact, such as a sneeze or cough.

The symptoms of Polio take from three to 35 days to appear; however, most people will experience no indicators of the virus. Mild symptoms include fever, fatigue, sore throat, stiffness of the neck and muscles, nausea, and vomiting.

Rabies: is a viral infection spread to humans through the saliva of an infected animal. It is caused by a lyssavirus and is transmitted after an animal bites, scratches, or licks another animal or human. Rabies can be fatal if left untreated.

The symptoms of rabies generally take a few months to appear, but this can vary from several days to several years. Early symptoms can resemble those of the flu, and include headache, fever, and fatigue. The area of infection should also be monitored, as there may be a tingling or numbness at the bite. Once symptoms appear, the disease attacks the central nervous system and can cause fatal respiratory failure.

Sun and Heat Exhaustion/Sun Stroke: The high altitude and equatorial location of Ethiopia can rapidly lead to sunburn. Ultraviolet light is strongest between 11:00 AM and 3:00 PM. Sunscreen with SPF 50 or more should be applied at least 20 minutes prior to exposure and repeated, especially after swimming and exercise.

Typhoid Fever: is a bacterial infection transmitted by ingesting food and water that is contaminated with *Salmonella typhi*. It typically occurs in developing countries and can be fatal in up to 10% of cases in low-income regions. Humans are the sole carriers of the bacteria, and conditions such as poor sanitation, overcrowding, and trade and population movements can lead to an increased spread of the infection.

The symptoms of Typhoid Fever usually begin six to 30 days following exposure and can range from high fever to abdominal pain and headaches. There are a number of first-line antibiotics to treat Typhoid Fever, including ceftriaxone.

Yellow fever: is a virus that many individuals know little about because its rarity in the Western world. Almost all cases in Canada, the United States and other developed nations can be attributed to travelers that were not vaccinated against the disease and were infected. One of the most common questions surrounding this disease is, is yellow fever a virus and what causes yellow fever? Yes, yellow fever is a virus that is transmitted by infected mosquitos. You contract the virus when bitten and it can take three to six days to show symptoms. The majority of those infected with yellow fever will show no symptoms or only experience minor illness. However, symptoms can include fever, chills, severe headache, nausea, and in severe cases jaundice, bleeding or even organ failure.

How long does it take to contract yellow fever? It can potentially happen as soon as you arrive at your destination if you are not vaccinated. Unlike other diseases that require contact with others, all yellow fever needs is a mosquito to infect you. There is no specific treatment for yellow fever, only supportive or preventive care, like vaccination.

Crime in Addis

Addis Ababa is a relatively safe city, though petty crime is definitely on the rise. The incidence of petty theft (including mugging and pick-pocketing) has increased noticeably. The vast majority of incidents are non-violent, although in a few cases people have been hit, hurt, threatened with weapons, etc.

Petty theft is highly organized in Addis. The culprits often work in groups and rely on distraction. The individuals involved are usually young men and teenage boys. Below are descriptions of the more common tactics used, and what you should look out for:

- The “*there’s something wrong with your tire*” trick: Two or more people will be stationed along a road. As you pass the first person in your car, he will point animatedly at your tire, giving you the impression that you have a problem. When you pass the second person farther up the road, he will do the same thing. When you pull over and get out of your car to check your tire, they will grab something out of your car and run. Some have even been known to climb in the car and tell you they will direct you to a good place to have it fixed, and they take the liberty in searching your car.
- The “*day-dreaming pedestrians*” trick: As you pull up to an intersection in your car, one or more people will appear to be crossing the road in front of you. As they get in front of your car, they slow down or stop. While you are distracted, another person will open one of your car doors, snatch something out of your car and run.
- Mobile snatching: It is increasingly common for thieves to snatch mobile phones right out of the hands of users while they are walking or in a car with an open window. There have been reports of guys on motor bikes pulling up next to car windows and snatching the phone right out of people’s hands.
- The “*I’m hungry*” trick: Anyone who has spent more than a few minutes in Addis has been approached by beggars claiming to be hungry. Some of them are genuinely needy. Others, especially children, are not particularly needy but have learned that begging from ‘*Ferenjis*’ often results in money. Others are part of an organized criminal ring. The bottom line is that you should beware of beggars, particularly if you are on foot. It only takes a second for them to snatch a purse or bag and run off with it.

- The “*Don’t you remember me?*” trick: Someone will approach you saying that you have met before. These people can be very convincing but beware. If you are not 100% sure that you have met them before, remove yourself from the situation before you become the victim of a con artist.
- The “*Hey Buddy*” trick: This scam is usually used when you are waiting in the car for someone who is making a quick stop inside a shop. A person will approach you and engage you in conversation. While you are distracted, the person’s accomplice will snatch something out of your car.
- The “*Lunch*” trick: a group will offer to take you to lunch and indulge. Towards the end of the meal they will get up and leave, leaving you with an enormous bill to pay. Don’t be fooled into going for lunch with a large group of strangers. If you do, when you sit down make sure the manager of the restaurant knows your bill is separate to the rest of the group just in case this happens.
- The “*Spitting/throwing milk/water*” trick: A person will walk past you, spit/spill liquid and claim they are sorry and that they didn’t see you. While they appear to clean you off, they grab what they can from your pocket.
- The “*Jump in your car*” trick: If you are driving alone someone may jump in your passenger seat claiming they have an emergency or just need a short lift. While you are still flustered and confused they will grab what they can and then jump out again. Always keep your doors locked while driving!
- It is quite common for spare tires and side mirrors to be stolen. Always park where your car is in clear view of the public, this is a deterrent to some degree; however, they are stolen so quickly. Get a chain and lock your tire in.

In the event that you are a victim of crime, the information below serves as a guide in reporting the crime and taking steps to replace the items you have lost:

(1) Report the crime as soon as possible to the nearest police station. If you are not fluent in Amharic, bring a translator with you. After you have reported the crime at the nearest police station, you also must file a report at the central police station for the zone in which the crime was committed. Make sure to obtain a copy of your police report or at least a letter from the police as this may be needed to replace the items such as a passport, etc.

(2) Your embassy is likely to require a translated version of the police report/letter when you apply for a replacement passport. Take the police report/letter to *Be-Na Translation Office*, located in the group of shops beneath Addis Ababa Stadium, near Meskel Square. They offer translation services in many languages.

(3) Get a replacement SIM card for your Mobile phone that retains your old phone number. You can do this at any Ethio telecom (ETC) office, but at some locations you will need a

translator. If you do not have a translator available, use the ETC office near the Siddist Kilo roundabout (if you are going up Entoto Road from Arat Kilo, take the first right off the Siddist Kilo roundabout and look for a modern, multi-story building on the left) where you likely to find an English speaker. Obtain a stamped, signed letter from your sponsoring organization explaining that your SIM card was stolen, including the phone number. Your new SIM card with your old number will be activated within three days.

(4) Get a replacement Ethiopian Driver's License. You will need a translator for this. Obtain a letter explaining the theft/loss of your license from the zonal police station addressed to the City Government of Addis Ababa Transport Authority. Take a photo ID (a photocopy of your Ethiopian Driver's License is ideal) and submit this letter, one photograph and, as of this writing, 100 birr to the Transport Authority office along with the appropriate completed form. If you can present the receipt from your previous Ethiopian Driver's License, that will expedite the process.

(5) Get a replacement Residence Permit. You will need a translator for this. Obtain a letter explaining the theft/loss of your permit from your local police station. Take this to the zonal police station. For 50 birr (as of this writing), they will write a letter to the Immigration Department (if you are not a diplomat) or to the Ministry of Foreign Affairs (if you are a diplomat). Take this letter along with a photograph and your passport to the Immigration Department or the Ministry of Foreign Affairs and follow the same procedure used for obtaining your original residence permit.

Though you should not expect to have your stolen items recovered by the police, it does happen sometimes. If the police apprehend the alleged criminals, you will be asked to identify them as well as your recovered property. The accused criminals may deny the charges against them, in which case you will be asked to testify at a hearing before a judge. Depending on the value of the items you lost, it may not seem worth the time and hassle to stick with the legal process but please do. Unless victims of crime make an effort to "fight back," petty crime will continue to explode and could lead to bigger and more dangerous criminal activity.

In the meantime, to protect yourself from becoming a victim of crime, you should:

- Always lock all of your doors and car doors when you are away from home or another safe place.
- If a seeming "Good Samaritan" tells you there's something wrong with your car, wait to check it out until you are in a safe place.
- When walking, do not carry a visible purse/bag. If you choose to do so, make sure that it is hidden, that it has a sturdy strap that cannot easily be broken if yanked or cut or that is securely attached to you. Only carry the bare minimum of what you need in terms of money, ID, etc.
- When walking and talking on your Mobile phone, be aware of your surroundings. If you are using your Mobile phone in a car with an open window, hold it against the ear on the side opposite the open window.

- Make photocopies of all of your important documents such as your passport, Ethiopian driver's license (and home country driver's license), residence permit, work permit, etc. Consider carrying the copies and leaving the originals in a safe place at home.

Volunteer Opportunities

Addis Ababa NGO List 2017

Addis Ababa Region Leprosy Disabled Women's Work Group

Phone: 011-321-4907

Email: www.enapal.org

Bethel Women Training Group:

Abeba Lakew

Phone: 0911-250-170

Ceramics, black pottery

Beza Entoto Outreach

Danica Murphy

Phone: 0920-878-238 or 0920-878-238

Email: danzika@gmail.com

Beza Lehiwot Ethiopia

Phone: 011-213-5225 or 011-213-5225 or 0911-452-808

Decorative Objects

Brothers of Good Works Counseling Center

Phone: 011-122-1209

Daughters of Charity

Phone: 0911-406-726

Desta Mendor/Hamlin Fistula Ethiopia

Phone: 0922-138-777

Dr. Rick Hodes -Internal Medicine

ethiopianspines@gmail.com

Ethiopian Center for Disability and Development

Email: info@ecdd-ethiopia.org

Ethiopian Women with Disabilities National Association

Berhane Daba

Email: Ewdna2004@yahoo.com

Ethiopian Women Lawyers Association

Phone: 011-466-1627

Email: ewla@ethionet.et

Ex-Leprosy Patient Women Work Group

Birke Nigatu

Phone: 0911-947-757 or 011-321-4907

Embroidery and textile

Franciscan Sisters Missionaries of Christ

Sister Teresa Paulos

Phone: 0913-199-093

Located near Italian School- Piazza/Georgis

Candles, textiles/scarves

Gemini Trust -Helping Mothers of Twins

Phone: 0911-912-514 or 0911-536-806

Email: geminitrust@telecom.net.et or Yordanos_abate@yahoo.com

Wooden art

Godanaw Rehab Shelter

Phone: 011-515-4157 (Office) or 0913-521-516 or 0911-220-900

Skills training (Handicrafts, shopping bags, laundry bags)

Good Samaritan Association

Tirubrihan Getnet

Email: gsa@ethionet.et

Phone: 0911-629-377

Location: Gulele sub city; Woreda 01; Entoto compound. Awareness creation on HIV for vulnerable community members working in the Entoto area. Income generation activities or people living with HIV.

GTLI International Charity

Lori Sweningson

Phone: 0913-729-618
Goat belt and beaded bracelets

Holy Savior Sewing & Embroidery Women's Society

Phone: 011-156-4555 or 0911-402-146

Habitat for Humanity

Phone: 011-156-3181

habitat.ethiopia@MailandNews.com

Hope Enterprises

Genet Hailu

Phone: 0911-412-778

www.hopeenterprises.org/contact_hopea.htm

Ceramics, blue pottery, meal tickets

I Pour Life

Joshua Alemayehu 0912-707-448

Email: joshmery@yahoo.com

Location: Kore; Nifas Silk Lafto Sub city;

Kore Mekannissa area; Current Project:

Ethiopian women's empowerment and business development program targeting impoverished women with leprosy and HIV in the Kore community in Addis.

JHPIEGO

Phone: 0913-080-877

www.jhpiego.org/contact/fieldcontacts.htm

Kechene Women's Pottery

POC: Getenesh

Phone 0913-647-298

Helping HIV Positive women gain job skills

MCRC/Mother and Child Rehabilitation Centre

Mrs. Jutta De Muynck

Phone: 011-123-5587 or 0911-203-719

Email: info@mcrc-addisababa.org or

demuynckjutta@hotmail.com

www.mcrc-addisababa.org

Orphanage and shelter for children and mothers

Medical Missionaries

Phone: 011-155-9960

Email: counscen@telecom.net.et

Misrach Center (Atafera hunejeri)

Phone: 0911-750-262 or 011-123-4528

Children's toys, greeting cards, brushes, shopping bags

Misrach Frey (Emebet)

Phone: 0910-896-375 or 0910-159-938

Email: Amandablewett@gmail.com

Operation Smile

Dany Meles Ethiopia Country manager

Phone: 0911-982-988

Email: dmeles@operationsmile.org

Save the Children

Phone: 011-467-1067

Email: cmiller@dc.savechildren.org

Selam Children's Village

Email: Info@selamchildrevillage.org

Website: www.selamethiopia.org

Works to teach agricultural and artistic skills to children in Addis

Shamida Ethiopia

Empowering vulnerable women and children. Karen Kendall

Phone: 0911-102-222

www.shamidaethiopia.com

Sisters of Charity/OSCO

Sister Maryla Joachin

Phone: 011-270-1301

Scarves, woven change purses, beading

Vision on Africa

Senedu Araya-Sellassie

Phone: 0911-476-500 or 011-646-6512

Email: senedu@gmail.com

senedu@visiononafrika.org

info@visiononafrika.org

Purses, coin purses

World Food Programme

Phone: 011-151-5188

Email: Georgia.Shaver@wfp.org

WTO Accession Plus

Phone: 011-551-2426

Email: bryn.s@ethiopiawto.org

We genuinely hope that this *Welcome Guide* loaded with useful information and tips will help you settle into life in Addis Ababa. Kindly help extend this guide with more detail by emailing us at: pcl@icsaddis.edu.et

Ameseegnalehu! Thank you,
from the PCL Team 2017 – 2018