

SEASON TWO ASAs

MONDAY

Important:

- Season two U12 sports are cross country and volleyball
- Sports is a three-day commitment: Mondays, Thursdays, and Fridays
- U12 sports are for grade 4 and above and student needs to be under 12 years of age on 1 September 2019

Stop Motion Movies	Melissa Cavander	Have fun making your own stop motion movies with stop motion studio. Bring your own props from home or use ours!	G3-5	Limit: 15
Lego	Tsion Mekasha	Let's use our creativity, Math skill, communication and talent in this activity. Share your Lego knowledge for the group while you are learning from them. We have fun, come and join us!!!	G2-3	Limit: 15
Super Wow Play with Playdough Fun	Teresa Severson	During this hour every week, you will get to play with playdough! Explore, build, create, mold, smash & squish! What will you be able to make? What colors can you create from mixing playdough together? Is this super fun, extra special & amazing ASA for you? Come and join.	G1-2	Limit: 15
Friendship Bracelets	Wendy Creighton-Ayele	Design & create colourful friendship bracelets to give to a friend or to add to your own collection.	G3-4	Limit: 15
Reader's Theatre	Birknesh Mamo	In reader's theater, students perform by reading scripts created from grade-level books or stories. Usually they do so without costumes or props. Reader's theater is a strategy that combines reading practice and performing. Its goal is to enhance students' reading skills and confidence. By having them practice reading with a purpose. Reader's theater gives students a real reason to read aloud."	G1	Limit: 15
Fabric Art	Roman Negash	Let's enjoy "Fabric Art" for beginners including simple printing, dying and sewing using different techniques. It will help you develop different skills like eye-hand coordination, color combination and fine motor skills through practicing some interesting fun based activities.	G4-5	Limit: 15
Online Math Games	Eden Fitwi and Minda Alemante	Come and join us in this exciting online math game adventure! You'll get to play the best online games and learn different math problem-solving skills.	G3-4	Limit: 20
Working with Clay	Laura Kent-Davidson	We will work on creating some simple but fun projects together using clay (pinch pots, square pots, snake pots, etc.) and also give time for open ended creations!	G1-3	Limit: 15
Draw/Color to Music	Kidist Getaneh	Do you enjoy drawing or coloring? Come let's relax and have fun by drawing or coloring while listening to music.	G3-5	Limit: 15
Mandala :- Come and enjoy calming coloring activity!	Fasika Adefris	People who color mandalas often experience a deep sense of calm and well-being. Be one of them by signing up!	G1-2	Limit: 15
Just Dance	Hiwot Assefa	Have you ever thought of being a dancer? Then come and join us! We will have fun and learn some dance moves! It is always fun to dance with our friends after a long school day!	G3-5	Limit: 15
Embroidery Fun	Sisay Kelkay	Embroidery fun is an activity where you will learn to craft by decorating fabric and other materials using a needle, or by applying thread or yarn with patterns of your choice. It is a skill you want to know. Come, let's have fun!	G1-2	Limit: 15

MONDAY

Let's Build	Martha Yigezu	Students get together and decide what to build. They use kiva planks, play stick and different construction materials. It is fun and helps them develop their social skills.	G1-2	Limit: 15
Kids Aerobics	Lelese Tesfaye	Come and have fun doing aerobics. We'll keep it simple, easy, flexible and enjoyable.	G1-3	Limit: 15
Fun with Construction Materials	Selam Minale	Fun with construction materials is an activity where kids get a chance to build different things and expand their thinking using different materials. They get to design and use their creativity into making things. They will also get a chance to interact with others and share ideas.	G1	Limit: 15
Tennis	Mesfin Wagaye	If you would like to get started or polish your ground tennis skills this is your activity. Rackets and balls will be provided. Rain or shine the activity will be run in the new covered sports pavilion. Come with the right attitude and properly dressed for PE. You will have lots of fun!	G1-3	Limit: 16
Step drawing	Kidist Tadesse	In this ASA, we will follow steps to draw different kinds of picture. If you are that one who loves to draw and color, join us. We'll enjoy drawing together.	G2-3	Limit: 15
Tae Kwon Do	Addisu Hurgessa	This activity is for students at the beginner level in grades 1-2 who want to learn Taekwondo, or need to complete their white belt from previous years. Taekwondo at ICS is only taught as an introduction to the sport. If you wish to be proficient in TKD, please arrange private lessons at a TKD Club in Addis.	G1-2	Limit: 18
Gymnastics	Girmay Assefa	Come learn and practice how to control your body in gymnastics! We will jump, roll, tumble and twist! Please bring your gymnastics outfit for this ASA.	G3-5	Limit: 15
Kung Fu	Tofik Shume	In this activity, Master Tofik teaches self-discipline, confidence, self-defence, coordination, patience and sportsmanship. The students will exercise, get stronger and stretch to become more flexible.	G3-5	Limit: 15

TUESDAY

Badminton Fun	Lisa Cullen	Badminton is Fun! Come play singles and/or doubles. Learn how to hit the shuttle over the net and enjoy the game with friends.	G1-2	Limit: 15
Basket Making	Raguel Lisanework	Basket making is not weaving. It is a procedure that combines the wrapping of a core material . A coiled basket begins with a material that is wrapped around the core or Raffia string and then sewn together in an orderly manner .The basket needs a base, a shape and a rim. Now, students will learn how to create a coiled basket with their own original design.	G4-5	Limit: 15

TUESDAY

Paper Crafts	Abenet Asnake	Do you want to explore the various ways of using paper as an art medium? Have you always wanted to learn how to make origami, collage, decoupage, maybe even paper mache? if so you are in luck! In this ASA you will get a chance to play and create with paper. Use your hands and mind to learn, create and, have fun all at the same time.	G2-3	Limit: 15
Creative Connection	Callie Cantu	Creativity is just like a muscle- in order for it to become strong, you have to work it out regularly! At creative connection, students will practice stretching their creative muscles through a variety of research-based activities that help to support creative thinking and problem-solving. Activities include creative writing, yoga, meditation, brain teasers, mandalas, puzzles, team-building tasks and more.	G4-5	Limit: 15
Explore French Culture around the world	Suzanne Youveup	We will read and explore the French culture in French speaking countries around the world. We will compare, showcase, and share artifacts about personal and other culture.	G3-5	Limit: 15
Hey Monet!	Elizabeth Carleton	Do you like making art with beautiful colors? Do you like nature? In this ASA, we will use water color paints and crayons to illustrate the world around us! We will follow in Monet's footsteps and use our lovely campus as inspiration for our subjects.	G1-3	Limit: 15
Tuesdays for a Better Planet	Sabine Grecu	This ASA is designed for students to participate in "World's Largest Lesson." World's Largest Lesson introduces the Sustainable Development Goals to children and young people everywhere and unites them in action. Students will use their interests or passions to connect to a Global Goal in order to take meaningful action in our community.	G4-5	Limit: 20
Big Foot Running Club	Rianne Anderson	Do you enjoy being outside and getting some exercise? In this ASA we will be running on the track, counting our laps, and collecting beads for all the kilometers we run. Bring your tennis shoes, running clothes, and a great attitude!	G1-2	Limit: 15
Learn to Code	Meredith Jones	Come and learn to code! Students will begin exploring the basics of computer science in our Learn to Code ASA. Student will use their creativity and thinking skills to create their own games, art, and digital stories.	G3-5	Limit: 15
Games, Games, Games	Laurie Matteson	Come and play a variety of games. Some old and some new. We will play games that you may already know how to play, and we will also learn some new games. We might even make up some new games!	G1-2	Limit: 15
Creative Dance	Khushali Vaghela	Enhance your personality by dancing. Enjoy a warm exercise, Indian Bollywood dance, contemporary fun style dance and much more. It increases your concentration, coordination and body gesture.	G3-5	Limit: 20
Kung Fu	Bezabeh Tesfaye	Kung Fu is important for quick mental and physical development. Ato Bezabeh is an experienced Kung Fu instructor and will lead students in this self defense class for children.	G1-2	Limit: 14
Gymnastics	Yonas Yeshitla	Come learn and practice how to control your body in gymnastics! We will jump, roll, tumble and twist! Please bring your gymnastics outfit for this ASA.	G3-5	Limit: 15

TUESDAY

<p>Let's Take Action!</p>	<p>Sara Schmidt & Megan Shannon</p>	<p>Do you have a passion that is driving you toward action? If so, this is the ASA for you! We will work together to identify issues and concerns at ICS and work in small groups to formulate an action plan. This ASA will allow you to work with students from other grade levels in order to take action as a community.</p>	<p>G2-5</p>	<p>Limit: 24</p>
<p>Lego Fun Talk</p>	<p>Yishak Abraham</p>	<p>Please come and develop your communication skills while your creating your Lego. You will engage in a meaningful and joyful conversations and also be able to comment on friends creations, receive a comment on your creation too, which boost your ability to explain ideas, describe friends work. Have Fun!</p>	<p>G2</p>	<p>Limit: 15</p>
<p>Softball Games ASA</p>	<p>Seth Ellenz</p>	<p>For all students that want to get better at the game of softball and have fun with friends. Improve your throwing and catching as well as your hitting skills. Gain a greater understanding of the strategies and rules of softball while improving your softball game.</p>	<p>G4-6</p>	<p>Limit: 20</p>
<p>The Elementary School Drama Performance</p>	<p>Felice Dougherty, Hermione Palmer and Cindy Cartwright</p>	<p>Come, be a part of this year's Elementary School drama production. In addition to learning theatre technique, students will work together to write and produce an original theatrical masterpiece. At the end of ASA season 2, we will be performing our play for the ICS community.</p> <p>In order to sign up for this ASA you must:</p> <ul style="list-style-type: none"> -Attend all Tuesday and Thursday rehearsals for the duration of the ASA; -Be available to perform at 6:00pm in the MS Theatre on Tuesday, February 25; and -Be available to perform the play during the school day for the elementary school. <p>If you are unable to make these commitments, please leave the space open for others who can. Thank you!</p> <p>Considerations:</p> <ul style="list-style-type: none"> -You can be on a U12 sport and this ASA. -You will come to play practice on Tuesday and Thursday and your U12 sport on the other days. -This ASA counts as one ASA sign up. You may sign up for one additional ASA on another day. 	<p>G3-5</p>	<p>Limit: 36</p>
<p>Movement Imagination & Art</p>	<p>Sofiya Nigussie, Selam Deneke, Kebron Arage and Nebil Abdulkadir</p>	<p>This KG ASA, will host a variety of different activities every session. Every week, the four Educational Assistants leading the program, will plan different activities, that will involve creative arts and action. The activities will be delivered in smaller groups, and students will get to rotate every 12 min or so between stations.</p>	<p>KG</p>	<p>Limit: 40</p>

THURSDAY

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- Season two U12 sports are cross country and volleyball
- Sports is a three-day commitment: Mondays, Thursdays, and Fridays
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Table Tennis/ Ping Pong	Mirakio Temesgen	Did you know that table tennis is the most popular indoor sport in the world? Playing table tennis has the following benefits: Offers a social outlet. Improves concentration and tactical strategy. Develops mental sharpness. Improves musculereflexes. It's easy on the joints. Burns calories. Improves hand-eye coordination.	G5	Limit: 15
Relax and Color	Sarah Begashaw	Come join us for a mindful moment, relaxing music, and coloring fun! You'll be able to choose from an array of mandalas and other complex coloring pages.	G1-3	Limit: 20
Learn to Type	Solomie Wasse	With almost everything in daily life involving computers, students will learn one of the most important skills they will utilize for the rest of their lives, the skill of typing. As with any new skill the younger they are when they learn, the more natural it becomes. During this ASA, your child will learn the skill of typing through educational and fun lessons.	G3-5	Limit: 15
Therapeutic Art and Drawing	Crystal Thomas	Work on mindfulness through art and drawing. Learn how to make beautiful Zentangle drawings and artwork to display! This activity is calming and also gives Grade 3 students the chance to work on their fine motor skills.	G3	Limit: 15
Girls on the Run	Brooke Gyermek & Jacqueline Smalley	During Girls on the Run, we will meet at the track to run every Thursday! This activity encourages girls to develop self-respect and healthy lifestyles through dynamic, interactive lessons and running. Make sure to come dressed to run every Thursday with running shoes, comfortable clothes and a water bottle.	G3-5	Limit: 24
KG soccer	Selam Tesfaye	Soccer develops agility, speed and stamina, and also teaches children the importance of teamwork, so I can play an important part in your child's physical and social development. It improves fitness and builds Social Skills. Playing with a soccer team develops a child's ability to cooperate and interact with other children. To win a soccer game, the whole team must communicate and work together. It also develops good Self-Image.	KG	Limit: 15
Online Math games	Eshetu Bacha	Come and explore different online Math games and have fun.	G2-3	Limit: 15
Indoor Soccer !	Azeb Mamo	Thursday soccer will be a flexible fun experience where students get to move around, learn the importance of being a valuable member of a team, and get a chance to be a leader. Come and join our club as FUN is guaranteed!	G3	Limit: 16
Math Olympiad	Daniel Stripp	Do you love Math and want to be challenged? In this ASA we will work through many challenging Math problems and focus on problem solving and strategies. During the ASA we will participate in the official Math Olympiad contests - where students answer questions and can see how they fared with others from around the world! Come join if you think Math is fun and want to work through some tough problems!	G5-6	Limit: 15

THURSDAY

Reading is fun!!	Mahlet Tamiru	Students can bring their own books to the activity. In addition to that I have books from the library and different grade level books from EY4 classrooms. The students can read individually or with a partner. To make the activity fun, students can make bookmark. And also they can try to write their very own story book.	G1-2	Limit: 15
Kung Fu	Bezabeh Tesfaye	Kung Fu is important for quick mental and physical development. Ato Bezabeh is an experienced Kung Fu instructor and will lead students in this self-defense class for children.	G3-5	Limit: 14
Gymnastics	Yonas Yeshitla	Come join Ato Yonas, an experienced Gymnastics coach! You will develop your psycho-motor skills, spatial awareness and physical conditioning through station drills and fun activities.	G1-2	Limit: 15
Wrapping Fashion Design	Khushali Vaghela	Here we try to change our clothing style with modern wrapping tricks. We can learn how to wrap a scarf or any kind of fabric to innovate various new styles to cover head, neck, top, or bottom. Also we can reuse used clothes to create a new style fashion wear. These techniques of fashion styles can be learned within short time without stitching.	G1-5	Limit: 15
Coding Club	Ravi Jeyachandran	Students will use Apps, such as Kodable, to learn about coding. The coding Apps teach the students about coding logic through tasks and games. This is a great club for those who want to understand how coding works or to increase their coding skills and the same time having fun.	G4	Limit: 15
iPads for Learning	Elias Negatu	We have cool iPad apps we can use for fun learning! Please come join us !	G2-3	Limit: 15
The Elementary School Drama Performance	Felice Dougherty, Hermione Palmer and Cindy Cartwright	<p>Come, be a part of this year's Elementary School drama production. In addition to learning theatre technique, students will work together to write and produce an original theatrical masterpiece. At the end of ASA season 2, we will be performing our play for the ICS community.</p> <p>In order to sign up for this ASA you must:</p> <ul style="list-style-type: none"> -Attend all Tuesday and Thursday rehearsals for the duration of the ASA; -Be available to perform at 6:00pm in the MS Theatre on Tuesday, February 25; and -Be available to perform the play during the school day for the elementary school. <p>If you are unable to make these commitments, please leave the space open for others who can. Thank you!</p> <p>Considerations:</p> <ul style="list-style-type: none"> -You can be on a U12 sport and this ASA. -You will come to play practice on Tuesday and Thursday and your U12 sport on the other days. -This ASA counts as one ASA sign up. You may sign up for one additional ASA on another day. 	G3-5	Limit: 36

FRIDAY

Hand Clapping!	Sophia Maneklueth	Do you like Miss Mary Mack, Lemonade and Tic-Tac-Toe? If you do, then you will love this ASA! We will have great fun learning and practicing all the coolest hand clapping games on the playground. We will also create our own games and spread them all over ICS!	G2-3	Limit: 15
Fit Kid Club	Agnes Theilen	Let's get fit! We will work on stretching, aerobics, dance, and a cool down activity.	G3-4	Limit: 15
Just Dance	Martha Mulugeta	Just dance is a fun activity which helps our students get exercise in a fun way. It is an activity that builds self-confidence. Kids will be entertained and will enjoy the activity.	G2-3	Limit: 20
Mandala	Melkamnesh Bayu	Mandala art will enable students to combine colors and geometric figures. Moreover, it allows them to relax and help with concentration.	G4-5	Limit: 15
Knit Witts	Yeshiemebet Tadesse	Knitting is an interesting activity. Come join this activity and learn or improve your knitting skill. Both beginners and intermediate are welcome.	G4-5	Limit: 15
Bake and Eat	Semhal G/medhen	Baking encourages young children to be self-directed and independent when they follow recipes. It also teaches them to follow directions and develop problem-solving skills. The art of chopping, mixing, squeezing, and spreading will enable them develop their fine motor and eye-hand coordination.	G1-2	Limit: 15
Weaving Craft	Senait Mezgebe	In this ASA, you will learn the skill of making all kinds of interesting and beautiful weaving crafts. It will allow you to express yourself creatively. Enroll and enjoy!	G3-4	Limit: 15
Soccer	Amanuel Shiferaw	If you enjoy playing soccer come and have fun. We will play amazing football with friends, learn new skills and build a good sportsmanship.	G3	Limit: 15
Yoga For Kids	Fikereselam Demissie	Are you looking for a relaxing and fun ASA? Then pick YOGA FOR KIDS! This ASA helps children to develop self-awareness and self confidence while promoting a healthy body image and breathing practices.	G1-2	Limit: 15
Tae Kwon Do	Addisu Hurgessa	This activity is for students at the beginner level in grades 3-5 who want to learn Taekwondo or need to complete their white belt from previous years. Taekwondo at ICS is only taught as an introduction to the sport. If you wish to be proficient in TKD, please arrange private lessons at a TKD Club in Addis.	G3-5	Limit: 18
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Lego Fun	Tsige Abu	The name Lego means "Play Well" It helps you to create what you see in your mind's eye. Please come and see much more creativity and divergent thinking from playing with colorful lego pieces. Let's have fun together.	G1	Limit: 15
Soccer	Tsion Liku	Do you want to have an improved physical and emotional health? Improved confidence and self-esteem? Develop Social bond? Learn teamwork? Build leadership skills? Then this ASA is for you! Come join us!	G1-2	Limit: 30