

# MONDAY

<b>My Sister</b>	<b>Roser Noguera</b>	My Sisters is a service activity that works to raise awareness and money to donate funds for underprivileged women in Addis Ababa who have difficulty making a living for themselves. The group is based around the idea of helping women who have been in difficult situations in the past, and possibly have had children really early. My Sisters center has a daycare for children where they can stay whilst the women are getting trainee	<b>Grade: HS</b>	<b>Limit: 15</b>
<b>Board/ card games</b>	<b>Benjamin Orwin</b>	We will play various board games and card games that will utilize different strategies and rules. Some examples of the games are: Chess, Cribbage, Sorry!, Speed, Rummikub, Phase 10, Set, Checkers etc.	<b>Grade: MS</b>	<b>Limit: 20</b>
<b>Focus on Service</b>	<b>Erik Hathaway</b>	Each year ICS hosts an annual walk and run to support our various service learning projects. Last year, this event raised 140,000 Birr. The Focus on service group is instrumental for this event and service learning in two very important ways: 1. Promoting and organizing the walk and run 2. Facilitating the grant process for service groups to access the funds that have been raised Successful participation in this ASA will help you to think critically, communicate, get connected to our community, and offers you the advantage to stand out from the rest on those college apps!	<b>Grade: HS</b>	<b>Limit: 15</b>
<b>Yearbook - Capturing The Story Of This Year!</b>	<b>Joshua Smalley</b>	We are assembling a team of talented writers, photographers, and designers who want to capture the amazing events of this year in the ICS High School. We see our work as a gift to our community and an opportunity to boost valuable personal skills. We will meet Mondays and Thursdays every week. You can commit for one season or several. Our "core" team who will do the majority of the creation of the book will be involved for at least two seasons. This year's book will impress and you can add value to our team.	<b>Grade: HS</b>	<b>Limit: 24</b>
<b>DIY Archery</b>	<b>Danel Kidane</b>	Are you interested in building and/or archery? Well this is the activity for you! DIY Archery, a group that was formed two years ago, aims to give students in local schools who are not involved in sports provided in their schools the opportunity to get active and have fun. Members work as a team to design and build archery equipment; targets, bows, and arrows using materials which are easily accessible. Later on, these this equipment are used to teach archery to local schools DIY Archery meets once a week on Mondays from 3:30 – 4:30 behind the science classes. No experience in building or archery is required!	<b>Grade: HS</b>	<b>No limit</b>
<b>MUN</b>	<b>Sisay Zewde</b>	Model United Nations, also known as Model UN or MUN, is an activity in which students typically role play delegates to the United Nations and simulate UN committees.	<b>Grade: HS</b>	<b>No Limit</b>
<b>NHS</b>	<b>Lucy Venkova</b>	This is an activity where members are accepted on merit.	<b>Grade : 10-12</b>	<b>Limit: 24</b>

# TUESDAY

<b>Public Art Collective</b>	<b>Aaron Cantu</b>	We will be creating artwork to display around ICS.	<b>Grade: MS/HS</b>	<b>Limit: 20</b>
<b>The Empowered</b>	<b>Catherine Bartram</b>	Building on the successes of Women's Night 2019, we would now like to work throughout the year with members of the ICS community to increase awareness about topics such as women empowerment and celebrating Black History Month. We aim to hold an International Women's Night celebration again in 2020 in order to celebrate inspirational women within our community as well as to offer opportunities to learn together and build skills to further empower young women at ICS and beyond. We are open to all students who are passionate about empowering young individuals, raising awareness about topics that needs more recognition and celebration, and those who are willing to participate and learn through discussions, events and other awareness-raising activities.	<b>Grade: HS</b>	<b>Limit: 15</b>
<b>ISSEA Arts &amp; Drama Festival in Tanzania Preparation!</b>	<b>Joanne King and Luanne Paproski</b>	ISSEA Arts & Drama Festival Preparation! One day per week - age 13+ - no experience necessary just lots of energy and enthusiasm! The theme for ISSEA Visual Arts & Drama in Dar Es Salaam, Tanzania is: EMPHASIS. We meet in M Building Auditorium 3:30-4:30pm. Trip is the end of February 2020.	<b>Grade: 8-11</b>	<b>Limit: 15</b>
<b>Amazing Race</b>	<b>Lori Hymes</b>	Come join in on the fun! There will be a scavenger hunt and many silly competitions- like moving an oreo cookie from your forehead to your mouth by using only your facial muscles. How could you not want to be a part of this!	<b>Grade: 6-7</b>	<b>Limit: 20</b>
<b>E-Pads</b>	<b>Siham Omar</b>	A student led and award winning project where you can learn how to sew washable pads for girls to stay in school! Empowerment pads. You will help develop/ design and sew a local pad and learn about how to educate others on the importance of Menstrual Health and Hygiene.	<b>Grade: HS</b>	<b>Limit: 24</b>
<b>Interact Club</b>	<b>Amy Stempel</b>	Form a club called interact to initiate two service projects in the academic year of 2019/2020: The first project includes increasing community and global awareness: Transform evidence into a student lead documentary or film to increase awareness for the current homeless animal epidemic (mainly focus on street dogs). The second TBD once awareness is achieved will include raising funds and hands on work to improve the situation. During first season and the awareness campaign, students will also research different methods of fundraising for seasons 2 and 3. The number of stray animals on the streets of Addis Ababa has increased exponentially over the years. Additionally, there is a lack of proper procedure when carrying out euthanasia. There is also a lack of knowledge on the sterilization of animals due to the culture surrounding animals. Aside from this, the more positive treatment of animals in households is lacking.	<b>Grade: MS/HS</b>	<b>Limit: 24</b>
<b>Recreational Tennis</b>	<b>Mesfin Wagaye</b>	Come enjoy hitting a ball in a non-competitive but fun hour of tennis- This is not a tennis lesson and will feature games that encourage movement, smiles and good times.	<b>Grade: MS/HS</b>	<b>Limit: 16</b>

# TUESDAY

<p><b>Girls Robotics</b></p>	<p><b>Kate Van Den Hoek</b></p>	<p>Want to know how to make robots do stuff? Come join our Girl-Powered Robotics ASA and learn how to program a robot to do things like get through a maze, dance or make art. Any girl from Grade 8 to 11 interested in learning how to program robots is welcome to join the fun. You don't need any tech background - beginners are welcome. The goal is to have fun, build stuff and learn programming along the way. Then in the Spring we'll hit the road and head to Dar Es Salaam for a big ISSEA Stem Event. We provide the robots and equipment and we'll teach you everything you need to know. Come join the girl-powered fun!</p>	<p><b>Grade: 8-11</b></p>	<p><b>Limit: 20</b></p>
<p><b>Photography</b></p>	<p><b>Neil Dougherty</b></p>	<p>Are you an experienced photographer who wants to improve? Are you a beginner who wants to learn the basics? In this ASA, I will teach all important areas of photography, including composition, light, exposure, how to use cameras, how to edit photos, and many other topics. Most importantly, I will teach each student what they want to learn at the level they are learning at. You must have a camera to participate—you will get more out of the class with an actual camera, but a mobile phone camera will work.</p>	<p><b>Grade: MS/ HS</b></p>	<p><b>Limit: 20</b></p>
<p><b>Table Tennis</b></p>	<p><b>Netsanet Abebe</b></p>	<p>Here comes Season 2 ASA Table Tennis for middle school. Please sign up and improve your skill, play with your friends, have fun and compete with others.</p>	<p><b>Grade: MS</b></p>	<p><b>Limit: 15</b></p>
<p><b>ICS Nature Club</b></p>	<p><b>Erik Hathaway and Mahlet Habtu</b></p>	<p>The ICS nature club will be an opportunity for middle school students to gather and share their love of all things "wild." The club activities include watching nature documentaries, and researching and writing about Ethiopian animals in hopes that a book can be produced in English and Amharic that can then be printed and shared with local schools and to support ICS's read to the future program.</p>	<p><b>Grade: MS</b></p>	<p><b>Limit: 15</b></p>
<p><b>Math Club (Mathletes)</b></p>	<p><b>David Albert and Tekia Timmons</b></p>	<p>Come join us to work on challenging problems.</p>	<p><b>Grade: HS</b></p>	<p><b>Limit: 10</b></p>
<p><b>Softball Games ASA</b></p>	<p><b>Seth Ellenz</b></p>	<p>For all students that want to get better at the game of softball and have fun with friends. Improve your throwing and catching as well as your hitting skills. Gain a greater understanding of the strategies and rules of softball while improving your softball game.</p>	<p><b>Grade: 4-6</b></p>	<p><b>Limit: 20</b></p>

## WEDNESDAYS LOWER FIELD

<b>Mekdela Football Boys</b>	<b>Ato Sami</b>	Mekdela Football is a student led activity where High School students gather football players from the neighboring school (Mekdela) to learn, develop and practice skills, drills and play organized football. We hope to also teach them how to communicate better and all the skills associated with being part of a team.	<b>Grade: HS</b>	<b>Limit: 24</b>
<b>Mekdela Football Girls</b>	<b>TBD</b>	Mekdela Football is a student led activity where High School students gather football players from the neighboring school (Mekdela) to learn, develop and practice skills, drills and play organized football. We hope to also teach them how to communicate better and all the skills associated with being part of a team.	<b>Grade: HS</b>	<b>Limit: 24</b>

## THURSDAY

<b>STEM &amp; Robotics Club</b>	<b>Dorin Grecu and Leulseged Assefa</b>	<p>“Students design and build programmable robots using high quality motors, sensors, gears, wheels, axles, and other technical components. By using hands-on robotics, students will gain a better understanding of how technology works in real world applications.</p> <p>The ISSEA STEM meeting is in April at HIS in Harare, Zimbabwe. This gathering of ISSEA schools also includes Robotics, Math, and Science competitions.”</p>	<b>Grade: HS</b>	<b>Limit: 20</b>
<b>Ultimate Frisbee</b>	<b>Brian Gre-enough and Jessica Fortin</b>	<p>“Ultimate Frisbee is a fast-paced, non-contact sport that combines elements of basketball, soccer and netball, but using a disc instead of a ball. Bring a friend! When you come, bring a white T-shirt and a colored T-shirt, football cleats and water.”</p>	<b>Grade: HS</b>	<b>Limit: 24</b>
<b>Math Help</b>	<b>Azeb Estifanos</b>	<p>This activity is for students who wants to get help or challenge in their math course.</p>	<b>Grade: 9-11</b>	<b>Limit: 15</b>
<b>Yearbook - Capturing The Story Of This Year!</b>	<b>Joshua Smalley</b>	<p>We are assembling a team of talented writers, photographers, and designers who want to capture the amazing events of this year in the ICS High School. We see our work as a gift to our community and an opportunity to boost valuable personal skills. We will meet Mondays and Thursdays every week. You can commit for one season or several. Our “core” team who will do the majority of the creation of the book will be involved for at least two seasons. This year's book will impress and you can add value to our team.</p>	<b>Grade: HS</b>	<b>Limit: 24</b>

# THURSDAY

<p><b>CCC Home</b></p>	<p><b>Nathan Haines</b></p>	<p>“The Children’s Cross Connection (CCC) Children’s Home is an orphanage in Wolaita Soddo. There are 57 children, ages 4-18, who live at the home and an addition 20 young adults who live either in the transition program or are supported while completing university or vocational training programs. The CCC ASA is a CAS Project, started originally by Maeve Redmond and Izabela Berile. The goal of the CAS Project is to help raise funds and provide materials that help to improve the care of the children living at the CCC Home.”</p>	<p><b>Grade: HS</b></p>	<p><b>Limit: 24</b></p>
<p><b>Her Time/የእሷ ጊዜ</b></p>	<p><b>Siham Omar</b></p>	<p>“Her Time/የእሷ ጊዜ” works to ensure that girls from low income families are provided with the necessary tools and opportunities to be fully immersed in their education. The main objective is to empower young girls in rural and urban parts of Ethiopia, educationally, mentally, emotionally and physically. For this semester, our main objective in collaboration with the Rotary Club in Addis Ababa, is supply sanitary pads for the girls in a school located 300 km from Addis Ababa, to create instructional and informational videos as well as booklets to help these girls better understand the hygienic steps they need when on their periods.</p>	<p><b>Grade: HS</b></p>	<p><b>Limit: 24</b></p>
<p><b>Philosophical Ruminations</b></p>	<p><b>Amy Stempel</b></p>	<p>Living in an ever-changing reality, one can ask if there is anything beyond the contemporary. Anything that would remain untouched by time and holds everlasting truth. That is what it means to be a philosopher: to be a pursuer of the unending. A striver for infinity; for a world in which truth reigns supreme and inquisition is encouraged. That is what this club endeavors towards. This is a club for the curious and unsated. For the rational. For those who see the hollow and seek the eternal.</p>	<p><b>Grade : HS</b></p>	<p><b>Limit: 24</b></p>
<p><b>Math Olympiad</b></p>	<p><b>Daniel Stripp</b></p>	<p>Do you love Math and want to be challenged? In this ASA we will work through many challenging Math problems and focus on problem solving and strategies. During the ASA we will participate in the official Math Olympiad contests - where students answer questions and can see how they fared with others from around the world! Come join if you think Math is fun and want to work through some tough problems!</p>	<p><b>Grade : 5-6</b></p>	<p><b>Limit: 15</b></p>

# FRIDAY

<b>Badminton</b>	<b>Benjamin Orwin</b>	Badminton is widely considered the best sport ever invented. Come find out why! Think you're the best badmintoner around? Prove it! Learn proper footwork, strategies and techniques to make you the best badminton player you can be!	<b>Grade: 6-11</b>	<b>Limit: 24</b>
<b>"BODY GROOVE" with Misty Tripoli</b>	<b>Aida Bekele</b>	Badminton is widely considered the best sport ever invented. Come find out why! Think you're the best badmintoner around? Prove it! Learn proper footwork, strategies and techniques to make you the best badminton player you can be!	<b>Grade: HS</b>	<b>Limit: 24</b>
<b>Ping Pong /Table Tennis</b>	<b>Tilahun Assefa</b>	Are you interested in spinning, flicking and spiking? If so, this activity is for you. Come and join our table tennis group. Door is open for all levels of players; from beginners to advanced. By joining the group, you can improve all kinds of forehand and backward techniques. Not only this, you will also enhance your body's agility at the same time. Come and enjoy.	<b>Grade: MS/ HS</b>	<b>Limit: 20</b>
<b>SFS</b>	<b>Belaineh Mekonen</b>	Moving in the 21st century environmentalism and sustainability is continuing to be increasingly influential with many aspects of our lives. Thus, in support from its enthusiastic members, SFS would focus on how to make our life sustainable with its work in ICS and beyond. It will be a research oriented service including field trips and real interaction with the environment.	<b>Grade: HS</b>	<b>Limit: 24</b>
<b>Girl Up</b>	<b>Brain Gre-enough</b>	Through GirlUp Addis, ICS will be connected to a global network of girls, and guys, fighting for women's rights. This United Nations sponsored group is unique in its dedication to not just creating change but also fostering an open community. By engaging in activism as well as laidback discussion, members will have a safe space to share their views, hopes, and frustrations with our male-dominated society. This year, 2019, GirlUp has six focus countries, one of which is Ethiopia, specifically supporting young female Somali refugees. Our chapter will focus on school-wide, city-wide, national, and global issues, as well as supporting the individual member. Discussion topics will include: dress code, women in sports, body positivity, child marriage, and more to be determined by the group! But it's not all serious; also expect meetings full of hot tea and relaxed music.	<b>Grade: HS</b>	<b>Limit: 15</b>
<b>Yoga Slackers</b>	<b>Hannah Kifle</b>	Slacklining, yoga, conditioning and play. This ASA is great for anyone who is new to the world of yoga or slacklining and would like to improve their balance, flexibility and strength while spending time surrounded by chill music and friends. You'll learn tricks, both on and off the slackline, that will help improve your mind body connection and self awareness. This ASA is ideal for anyone looking for a fun way to stretch and strengthen in an unconventional way.	<b>Grade: 8-12</b>	<b>Limit: 15</b>

# SATURDAY, ONCE A MONTH

<p><b>Read to The Future</b></p>	<p><b>Siham Omar and Martha Langille</b></p>	<p>Read to the future is a newly starting program that works to improve English skills of students in Medela School. Our program is a collaboration project between parents, students and ICS staff members. Our sessions mostly include interactive reading (in English) with students from kindergarten to 6th grade. We also have national exam prep for 7th and 8th graders.</p> <p>We're mostly looking for Amharic speakers but we welcome others as well. There aren't set dates for our sessions yet but, if we have enough members, we'll meet twice a month only.</p>	<p><b>Grade: HS</b></p>	<p><b>Limit: 24</b></p>
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# SPORTS SCHEDULE

Team	Day
U14 Boys and Girls Soccer	Mondays and Thursdays
U14 Boys and Girls Soccer	Mondays and Thursdays
U15 Boys Rugby	Tuesday, Wednesday, Friday and Saturday
U16 Boys and Girls Basketball	Tuesday, Friday and Saturday
U19 Boys and Girls Basketball	Tuesday, Wednesday, Friday and Saturday
U19 Rugby	Tuesday, Wednesday, Friday and Saturday